

A Tropical Birding SET DEPARTURE tour

Costa Rica: The Introtour

July 15 - 25, 2019

Tour Leader: Scott Olmstead



This Three-wattled Bellbird seen in Monteverde was one of the top sightings of the trip.

All photos in this report were taken by the leader during the tour.

INTRODUCTION

This year's July departure of the Costa Rica Introtour was a tremendous success. As we sampled each of the country's major bioregions, we enjoyed memorable sightings of iconic Neotropical species like Resplendent Quetzal, Keel-billed Toucan, Scarlet Macaw, Threewattled Bellbird, Spectacled Owl, and Boat-billed Heron. Of course every tour also has its

surprises, and we had our share, including an unexpected close encounter with a Collared Forest-Falcon in the mangroves on the Tárcoles River, an extremely confiding Streak-chested Antpitta in the forest understory at Carara, and a Buff-fronted Quail-Dove foraging around a bend in the trail at Monteverde. Our good-natured group easily adapted to a few logistical hurdles like a closed highway on the first day in the field and a partial rainout on one of our mornings at La Selva, and everyone carried on with no complaints, simply living in the moment and taking in whatever each day would bring. Great non-bird wildlife, comfortable accommodations, consistently excellent *tico* food, and the company of our friendly driver Luis rounded out our exciting tour of this tiny Central American country, which is always a delight to travel in.

TOP BIRDS OF THE TOUR (a tie, as voted by the group)

Three-wattled Bellbird - Monteverde

and

Streak-chested Antpitta - Carara



The Streak-chested Antpitta we saw at Carara was unusually bold and allowed incredible views.

ITINERARY

July 15	Arrival / Optional birding around Hotel Robledal
July 16	Café Mirador la Cascada, Cope Arte, La Selva Biological Station
July 17	La Selva Biological Station
July 18	La Selva Biological Station, travel to San Gerardo de Dota
July 19	Savegre
July 20	Providencia Road, Cerro de la Muerte, San Isidro, travel to Tárcoles
July 21	Carara National Park, Tárcoles River
July 22	Carara National Park, Punta Morales, travel to Monteverde
July 23	Santuario Ecológico, Monteverde Cloudforest Reserve
July 24	Refugio Curi-Cancha, return to San José
July 25	Departure



We had a lengthy and close-up encounter with a group of White-throated Capuchin Monkeys at Monteverde.

BIRDING SUMMARY

Day 1:

A few members of the group who had arrived a day early spent the afternoon birding near the hotel, and got a head start with some new birds. The tour began with dinner, as a light rain was falling.

Day 2:

We started our first full day with some birding around the hotel grounds, getting to know some of the common birds of Costa Rica's meseta central, the Central Valley of the country where most of the human population resides. Rufous-naped Wren, Clay-colored Thrush, Great Kiskadee, Melodious Blackbird, Hoffmann's Woodpecker, Crimson-fronted Parakeet, Squirrel Cuckoo, and Blue-gray Tanager are some of the common city birds we saw. We saw the resident Spot-breasted Oriole, a local specialty of our hotel, and Chris spotted a Laughing Falcon perched across the road from the hotel, evidently scanning the ground nearby for its preferred food: snakes. At breakfast we met our friendly, pleasant, and skilled driver Luis, who would accompany us throughout the trip, but he also turned out to be the bearer of some tough news: a landslide during the night had blocked the highway through Braulio Carrillo National Park, meaning we would have to change our route to the Caribbean lowlands. Well, that's the way it goes traveling in Costa Rica in the "Green Season" sometimes, so we resolved to just be flexible. We stopped at a cafe with some feeders as we made our way down the

alternate road to the Caribbean lowlands, finding a modest variety of hummingbirds, including the nearly endemic Coppery-headed Emerald, the distinctive Brown Violetear and a tiny Green Thorntail, and some birds visiting the fruit feeders too, such as Silver-throated and Scarlet-rumped Tanagers. We pressed on to the lowlands, eventually making it to our lunch stop at Guarumo, where we combined lunch with more birding. The fruit bunches of Red-legged feeders were attracting Honeycreepers in all plumages as well as some euphonias, woodpeckers, and even a gaudy Montezuma Oropendola. After lunch we spent a couple hours birding with local artist and naturalist Cope, who showed us a family of Spectacled Owls (photo right) roosting in the forest, the youngster evidently having just fledged in the last day or so, and a pair of Great Potoos, adult and juvenile, roosting side by side. We also spotted an "active" Brown-throated Three-toed Sloth near the potoos and stopped to watch it for a few minutes as it scratched an itch. The feeders at Cope's house gave us a few new hummers, such as Bronze-tailed Plumeleteer, Purple-crowned Fairy, and Crowned Woodnymph.



At the end of the afternoon we finished our journey to La Selva Biological Station and checked in for two nights. Walking the trail to the dining hall at dusk was an introduction to some of the iconic sounds of the Neotropical rainforest, in particular the haunting whistle of Great Tinamous and the restless, resonant rumble of howler monkeys. We returned to the cabins on foot after dinner, and by the time we got back we had racked up several good reptile and amphibian sightings, including Cloudy Snail-eating Snake and Leaf Litter Toad.

Day 3:

The morning started off with dense mist and we tried our best to bird around the cabins for an hour before breakfast. The porterweed plantings were attracting many hummingbirds, including Blue-chested Hummingbird, Violet-headed Hummingbird, and some nice surprises in the form of a Black-crested Coquette and a male Green Thorntail. During breakfast a pair of Great Green Macaws teased us with a distant flyby. After breakfast we met up with Joel, our local guide for the morning, and we spent a few hours birding around the clearings and walking in the forest. Among the highlights were two impressive woodpeckers: Pale-billed and Chestnut-colored (photo below). We saw White-collared and Gray-rumped Swifts overhead and a pair of beautifully marked Fasciated Antshrikes foraging in vines. Nearby, Crested Guans crashed through the treetops and a pair of Band-backed Wrens were carrying nesting material to a hidden nook in a bromeliad. In the forest Joel showed us a roosting Black-and-white Owl, snoozing high above the ground in a canopy tree, and we got great views of a pair of Rufous Motmots. Joel also knew where to find a gorgeous Eyelash Viper resting just off the trail on a broken branch, and we spotted the mesmerizing Green-andblack Poison Dart Frog. We returned to the dining hall for lunch and were greeted by a noisy group of Black-faced Grosbeaks moving through the clearing. Up above a troupe of Howler Monkey lounged in the trees. After lunch we headed back to the cabins for a well-earned siesta in the sweltering heat of the day.





Later in the afternoon we went out to some agricultural fields with tall remnant forest trees, hoping for better looks at Great Green Macaws. That wasn't to be, but we did add some new species, such as Thick-bilked Seed-Finch and Roadside Hawk, and we got to watch three Bat Falcons cruising over the fields and perching in the treetops. Before dinner we again walked from the cabins to the dining hall, and added several new species, including Northern Barred-Woodcreeper, Rufous-winged Woodpecker, Black-throated Wren, and Rufous-tailed Jacamar (photo left). Both Great and Slaty-breasted Tinamous were giving their whistled calls at dusk but neither one gave itself up for views. Before bedtime we took a short night walk, but it was less productive than the night before. We went to bed tired (the good kind of tired!), after a long, hot day, and slept with the sound of steady rainfall on the roof.

Day 4:

The rainfall that made for nice sleeping weather unfortunately continued through the morning and

made birding quite challenging. We delayed our start a bit and then made the best of the weather by birding around the station, using the roofs of the various buildings to stay somewhat dry while we scanned the treetops. We watched Red-lored and Mealy Parrots in the treetops looking soaked, along with Keel-billed and Yellow-throated Toucans. A Strawberry Poison Dart Frog (photo right) drew our attention at the edge of the clearing. Behind one of the lab buildings we found a fruiting tree, which was attracting Shining

Honeycreepers and a Gartered Trogon for closeup views. Four Great Green Macaws flew low overhead, giving us upgraded views. And nearby we were watching some Scarlet-rumped Caciques and a large group of Masked Tityras when three Snowy Cotingas made a sudden and very welcome appearance! We got good looks at these ghostly white treetopdwellers through the scope before it was time to return to the dining hall for lunch, all of us ranging from somewhat wet to soaked.

We went back to our rooms, got ready to check out, and loaded the bus. Just then Brigid spotted the Pied Puffbird perched in a cecropia above the cabins, our first puffbird of the trip! A group of Cinnamon Woodpeckers showed too, one more new species



before departing. The afternoon was mostly dedicated to traveling up into the highlands of the Talamanca Mountains, but of course there are new birds to be seen everywhere and we added Vaux's Swift and White-tailed Kite while passing through the Central Valley. We arrived at Hotel Savegre at dusk, in time for dinner.

Day 5:

We got right down to business this morning with a 06:00 outing to look for the Resplendent Quetzal (photo right) before breakfast. The guetzal is the main reason most tourists come to the Savegre Valley, and is often a strong factor that leads people to sign up for this tour. We arrived to the stakeout, a large fruiting aguacatillo tree in an orchard above the road, and joined almost 50 other visitors and guides from various hotels. Evidently we timed it just right because we had to wait less than a half-hour before a magnificent male catapulted into the tree and came to rest in plain view. The guetzal moved from branch to branch and perched facing the appreciative and well-behaved crowd to show off his crimson belly as well as the rest of his emerald green plumage. After a few minutes he plucked a fruit and disappeared in a flash of feathery tail streamers. Mission accomplished; back to the hotel for breakfast.

After breakfast we rode up the steep hill behind the hotel in an open-backed jeep and went for a long walk in the primary forest. It's magnificent cloud forest with tall moss-covered oak trees, truly a breathtaking habitat to behold. And this forest produced some great birds too. Mixed flicks contained Sooty-capped Chlorospingus, Ruddy Treerunner, Black-cheeked Warbler, Yellow-thighed Finch, and Collared Redstarts. We found a covey of Spotted Wood-Quail foraging in the leaf litter near the trail, and we were able to study them raking the leaves back with their oversized feet. We did get rained on for 20-30 minutes but we waited



it out and were rewarded with some good sightings. Black Guan was spotted in the treetops and Naomi pulled a Buffy Tuftedcheek out of one of the mixed-species flocks we encountered.

In the afternoon we birded around the hotel, enjoying the typical highland birds of Savegre like Flame-colored Tanager, Acorn Woodpecker, Lesser Violetear, Talamanca Hummingbird, Slaty Flowerpiercer, Sulphur-winged, and of course the elegant Long-tailed Silky-flycatcher. We then walked along the road, looking for American Dipper in the river, without success. We

did spot Torrent Tyrannulet and we picked up yet another new hummingbird: Stripe-tailed. And of course it was enjoyable to simply be out for a stroll in this picturesque little corner of Costa Rican countryside. As dusk approached we loaded into the bus and rode up the valley to a stakeout for Dusky Nightjar, which did not disappoint. After waiting patiently, Aaron spotted the nightjar perched on top of a utility pole where it was hunting for insects in the glow of a street lamp. Back to the hotel for another delicious buffet dinner and another night of cool sleeping weather in the cloud forest.

Day 6:

We started our travel day to the coast with optional pre-breakfast birding around the grounds, a last chance to spend some quality time with the typical highland birds, and then an "early" breakfast (at least by Costa Rican standards) at 06:30 followed by our departure from Savegre for higher elevations. Everyone was sad to leave this wonderful place, but that's generally a good thing because it's a sign that you've enjoyed yourself! Along the Providencia Road we added Black-capped Flycatcher and Timberline Wren and some of the group were treated to good views of the secretive Wrenthrush. Overall bird activity was low so we headed for the highest elevation of our trip, the Cerro Buenavista radio towers on top of Cerro de la Muerte, at around 11,400 ft. Here we geeked out on the unique plants, adapted to the harsh climate of this elevation, and picked up the Volcano Junco, easy to observe as it foraged beside the road. Our next stop was the little roadside cafeteria "La Georgina", an excellent place to check out the hummingbird feeders and get up-close-and-personal with the numerous Fiery-throated Hummingbirds. We also added Volcano Hummingbird and watched

overhead.



Our lunch stop was a cute, typical restaurant by the highway with lots of birding potential. Unfortunately it didn't give us any new birds but you could easily argue it served up the best casado (typical Costa Rican lunch) of the whole trip, so we'll call it a successful stop. After lunch we dropped down into the city of Perez Zeledon, the main population center for the southern pacific region,

and headed to a stakeout for **Turquoise Cotinga** (photo left). It was full sun and quite hot, and admittedly it didn't seem likely that we would get our target bird but after only 20 minutes or so of

a very accommodating Short-tailed Hawk soaring

passing through agricultural lands. We did manage

to scrape together a little roadside birding along the way, adding Red-breasted Meadowlark, Southern Lapwing, Smooth-billed Ani, and Northern Jacana to the trip list. We also spotted our first Scarlet Macaws flying behind the bus, a sort of preview for the following day. We arrived at the Hotel Villa Lapas in time for dinner and frogging! The frogs at Villa Lapas are simply sensational and in a walk around the grounds after dinner we easily found a halfdozen species, including the iconic Red-eyed Treefrog and the impressive Rosenberg's Gladiator Frog.

Day 7:

Before breakfast we met at 05:30 for early birding on the hotel grounds and immediately started to add new species. Flashy Fiery-billed Araçaris and a fluffy White-whiskered Puffbird showed well in trees just outside our rooms, and Orange-billed Sparrows hopped on the ground nearby, providing good looks for those who had missed this species at La Selva. On the trail by the river we got a great study of two new trogons: Black-throated in the understory and Slaty-tailed in the canopy. We had breakfast in time to get to Carara National Park when it opened at 08:00, and once in the park we focused on the Quebrada Bonita trail. This loop through the tall forest was extremely productive, giving us several birds that could vie for a spot in the Top 5 for the trip. Among the big highlights were a Red-capped Manakinp close up in the scope, a Great Tinamou (photo below) strolling right by the trail, and Streakchested Antpitta singing embarrassingly close and in the open. In addition to these stars of the show we got a responsive pair of Golden-naped Woodpeckers, a Ruddy Quail-Dove that sat still and preened in full view, and a cooperative Chiriquí Foliage-gleaner that we were able to watch in the scope. And we got good views of multiple wrens and antbirds, always a tough feat. Black-hooded and Barred Antshrikes, Chestnut-backed Antbird, and Riverside Wren were all seen guite well. The magnificently tall forest was unbelievably humid, and although we were drenched with sweat by the end of our walk, it was the first time we went the whole morning without being rained on.



Later in the afternoon, as the rain cleared up, we set out on our mangrove birding tour by boat. The tide was high, which allowed us to easily motor upstream and our skipper José quickly located a pair of Collared Plovers and a small group of Double-striped Thick-knees resting on the riverbank. Being nocturnal, the large-eyed thick-knees don't do a whole lot during the day, so after a good study of this strange shorebird we headed downstream

toward the mangroves, noting several healthylooking crocodiles and multiple pairs of Scarlet Macaws in flight along the way. In the mangrove channel we found the unique and highly anticipated Boat-billed Heron (photo right) on its day roost and then concentrated on finding the smaller mangrove specialties, including Mangrove Vireo, Panama Flycatcher, and "Mangrove" Yellow Warbler. While working on these smaller birds we were graced by the good fortune of a Collared Forest-Falcon clambering through the dense vegetation, either pursuing or being pursued by a Yellow Warbler. Eventually it flew out and across the channel in plain view. We also lucked into a pair of tiny American Pygmy Kingfishers, especially hard to see at high tide. As we cruised back Scarlet Macaws began to gather in the treetops, showing their color in the fading light. And then the clouds darkened and it began to rain just as we returned to the dock, about as good as the timing gets! The rain let up in time to allow for another round of frogging at Villa Lapas after dinner; we found most of the same species and also added Gliding Leaf Frog.



Day 8:

We began with another early walk in the forest near our hotel. This morning was a little quieter than the one before but we still turned up some good birds like Lesson's Motmot and Black-faced Antthrush, which uncharacteristically popped up into a tree while carrying a large leaf in its bill. We also enjoyed excellent, upgraded views of Buff-rumped Warblers beside the river and a confiding Chestnut-backed Antbird in the forest understory. After breakfast we set off for the national park again. We spent a little while by the park headquarters watching a fruiting tree that was full of honeycreepers and our first Blue Dacnis of the trip. Then we headed for the Laguna Meándrica trail and walked through the seasonally flooded forest for a couple of hours. It was tough birding! Among the highlights were a Royal Flycatcher, Spotcrowned Euphonias, a pair of Scarlet Macaws feeding on palm fruits, and improved views of the smart-looking Rufous-breasted Wren. However other species like the Northern Bentbill

and Little Tinamou remained heard but not seen, despite our efforts. Toward the end of our walk Chris spotted a Baird's Trogon high above the trail, our only sighting of this Pacific rainforest endemic during our visit to the Carara area.

Back to the hotel to freshen up and enjoy one more buffet lunch, and then it was time to say "adiós" to the Hotel Villa Lapas. Our afternoon of travel to Monteverde included a couple of birding stops, including Caldera, where we added the gaudy White-throated Magpie-Jay, and the Punta Morales salt ponds, which were fantastic. There we found a nice variety of hundreds of shorebirds and some species typical of the drier ecosystems of the Costa Rica's Pacific Northwest. Black-headed Trogon, Orange-fronted Parakeet, Stripe-headed Sparrow, and White-lored Gnatcatcher provided a nice taste of the avifauna of this part of the country. For the last part of the afternoon we finished the trip to Monteverde, driving the famously bad road up into the Tilarán Mountains, where we checked into Cala Lodge and headed for dinner at an outstanding nearby restaurant.

Day 9:

The morning started off misty and quite windy, a bit ominous in fact but the conditions didn't stop us from doing a little birding around the hotel grounds before breakfast. White-throated Ground-Sparrow, Brown Jay, and Cabanis's Wren were easy pickups while the local orange-



bellied morph of Collared Trogon was more elusive. After breakfast the lodge staff pointed out the nest of some Northern Emerald-Toucanets (photo left) just outside the restaurant, an especially nice find for those who had missed this species at Savegre. The main event for the morning was our guest for the Long-tailed Manakin, which we undertook at the nearby Santuario Ecológico. The trails through the low, viney forest are fairly steep and we took our time getting around. We first took a detour to look for a singing Three-wattled Bellbird, which we eventually were able to see through the tree tops, our first view of this magnificent Central American endemic. It was midmorning by the time we reached the manakin lek site. Although they weren't displaying, we were able to hear them giving their unison "toledo" call and with some patience we spotted a pair of elegant males perched in the shady understory and enjoyed satisfying views. Also on the trails we found Ruddy Woodcreeper, Orange-billed Nightingale-Thrush, Golden-crowned Warbler. As we prepared to

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leave we found another bellbird calling loudly near the parking area and spent some time achieving still better views.

The day continued with a visit to the famous Monteverde Cloudforest Reserve, where we had lunch and then spent some time getting to know the local hummingbirds over coffee. Dozens of individuals of seven species were practically swarming the feeders outside Café Colibrí, a

great opportunity to study these little balls of glittering feathers and pure energy up close. Greencrowned Brilliant, Purple-throated Mountain-Gem (photo right), and Green Hermit were new for our trip list, though the tiny Coppery-headed Emerald and the hulking Violet Sabrewing may have stolen the show. For the last couple of hours of the afternoon we walked the trails in the reserve through lush, breathtaking cloud forest. The top highlights were a lengthy observation of the enchantingly-colored **Buff-fronted** Quail-Dove foraging on the trail and a group of confiding Costa Rican Warblers foraging in the understory almost close enough to touch. Slaty-backed Nightingale-Thrush showed well, while Prong-billed Barbets put in a tantalizingly brief appearance. We enjoyed another fabulous dinner and then the most intrepid among the group went out for optional owling. Luck was with us in the form of good weather (dry and not windy) and we found an excessively cute pair of juvenile Mottled Owls shrieking and hissing to be fed by their parents. Captivated by the possibility of witnessing owlet feeding time, we waited for about 40 minutes, periodically checking with the spotlight to make sure the owlets were still



on their perch, while they preened, stretched, and snuggled each other. In the end their patience outlasted ours and we returned to the hotel a bit later than planned to get some rest for the last full day of the tour.

Day 10:

Optional pre-breakfast birding provided improved views of Orange-bellied Trogon, and quality observations of the local Lesson's Motmots. As we prepared to depart Cala after another delicious breakfast we added a few more new species to the trip list: White-fronted Parrot, and Sulphur-bellied and Piratic Flycatchers. The main event for our last morning in Monteverde was a visit to the always-productive Curi-Cancha Reserve. Here the rest of the group caught up on Mottled Owl when we were tipped off to a pair roosting in a shady spot above one of the trails. The weather was favorable all morning and we got some nice sendoff views of two of the many iconic species of the trip: Keel-billed Toucan and Resplendent Quetzal. And we continued to find plenty of new birds. Golden-olive and Smoky-brown

Woodpeckers, Black-headed Nightingale-Thrush, Plain Antvireo, White-naped Brushfinch, and Scarlet-thighed Dacnis were among the new pickups, and we were also able to upgrade some "heard-only" birds by finally getting binoculars on Golden-browed Chlorophonia and Olivaceous Woodcreeper. As we returned at the end of the morning, we were treated to a fantastic observation of a vocal male Three-wattled Bellbird, our best view by far, as it gave its extremely loud "bonk!" call from under the canopy. One of just four species of Neotropical bellbirds, this strange and fabulous creature should be considered one of the top reasons to visit Costa Rica in July, when they are usually numerous and vocal in Monteverde.

Satisfied with some top quality sightings, we headed for a late lunch at a great local restaurant (brick oven pizza is a nice way to break up the beans and rice for those that long for variety) and then we hit the road for the Central Valley. However there was one more birding stop planned, where with a little effort, patience, and teamwork (including our driver Luis) we were able to get everyone a really nice view of the secretive Lesser Ground-Cuckoo skulking in an overgrown pasture. It was a great finale and with that last new bird in the bag we set a course for the Hotel Robledal near San José. At our last dinner we reminisced about the sightings from the trip, and the Three-wattled Bellbird and Streak-chested Antpitta were voted co-birds if the trip. It was fascinating that every member of the group had a different favorite sighting from our nine days in the field, but perhaps it shouldn't come as that much of a surprise when you visit such a broad range of habitats and see over 300 bird species. And that's another successful Costa Rica Introtour in the books!

Day 11 Departure



We were lucky to spot this **Red-capped Manakin** in the understory at Carara National Park.

BIRD LIST

The taxonomy and nomenclature of this list follow: Clements, J. F., T. S. Schulenberg, M. J. Iliff, D. Roberson, T. A. Fredericks, B. L. Sullivan, and C. L. Wood. 2018. The eBird/Clements checklist of birds of the world: v2018., updated with the major relevant changes published by Cornell in August 2019.

Key to Locations: HR = Hotel Robledal & nearby areas, CMC = Café Mirador de la Cascada, Guac = Guacimal (includes Guarumo Lodge and Cope's house) LS = La Selva (includes birding along nearby access roads), Sav = Savegre Valley, CdM = Cerro de la Muerte (higher elevations, including La Georgina rest stop and Providencia Road), SI = San Isidro/Pérez Zeledón, Car = Carara National Park and vicinity (including Hotel Villa Lapas), RT = Río Tárcoles, PM = Punta Morales and Caldera, Mon = Monteverde, Hwy = birds seen while traveling

Other Codes: (E) = Regional endemic, H = Heard only, L = Seen by leader only

<u>Species</u>		Site(s)
TINAMOUS	TINAMIDAE	
Great Tinamou	Tinamus major	LS, Car
Little Tinamou H	Crypturellus soui	Car
Slaty-breasted Tinamou H	Crypturellus boucardi	LS
DUCKS, GEESE, AND WATERFOWL	ANATIDAE	
Black-bellied Whistling-Duck	Dendrocygna autumnalis	HR, Hwy
Muscovy Duck	Cairina moschata	RT
GUANS, CHACHALACAS, CURASSOWS	CRACIDAE	
Gray-headed Chachalaca	Ortalis cinereiceps	Mon
Crested Guan	Penelope purpurascens	LS, Car, Mon
Black Guan	Chamaepetes unicolor	Sav
NEW WORLD QUAIL	ODONTOPHORIDAE	
Spotted Wood-Quail	Odontophorus guttatus	Sav
PIGEONS AND DOVES	COLUMBIDAE	
Rock Pigeon (I)	Columba livia	Hwy
Pale-vented Pigeon	Patagioenas cayennensis	Guac, Hwy
Red-billed Pigeon	Patagioenas flavirostris	HR, PM, Mon
Band-tailed Pigeon	Patagioenas fasciata	Sav, Mon
Ruddy Pigeon	Patagioenas subvinacea	Sav, CdM, Mon
Short-billed Pigeon	Patagioenas nigrirostris	LS, Car
Inca Dove	Columbina inca	HR, PM, Hwy
Ruddy Ground-Dove	Columbina talpacoti	Various
Blue Ground-Dove	Claravis pretiosa	LS
Ruddy Quail-Dove	Geotrygon montana	Car
White-tipped Dove	Leptotila verreauxi	Various
Gray-chested Dove	Leptotila cassini	LS, Car
Buff-fronted Quail-Dove (E)	Zentrygon costaricensis	Mon
White-winged Dove	Zenaida asiatica	Various
CUCKOOS	CUCULIDAE	
Squirrel Cuckoo	Piaya cayana	HR, LS, Car
Lesser Ground-Cuckoo	Morococcyx erythropygus	Mon

Smooth-billed Ani	Crotonhaga ani	Шили
Groove-billed Ani	Crotophaga ani Crotophaga sulcirostris	Hwy Various
NIGHTJARS AND ALLIES	CAPRIMULGIDAE	various
Lesser Nighthawk	Chordeiles acutipennis	RT
Common Pauraque	Nyctidromus albicollis	LS
Dusky Nightjar (E)	Androstomus saturatus	Sav
POTOOS	NYCTIBIIDAE	Jav
Great Potoo	Nyctibius grandis	Guac
SWIFTS	APODIDAE	Guac
White-collared Swift	Streptoprocne zonaris	LS, Sav, Car
Vaux's Swift	Chaetura vauxi	CdM, Hwy
Gray-rumped Swift	Chaetura cineiventris	LS
HUMMINGBIRDS	TROCHILIDAE	20
White-necked Jacobin	Florisuga mellivora	Guac
Green Hermit	Phaethornis guy	Mon
Long-billed Hermit	Phaethornis longirostris cephalus	Guac, Car
Stripe-throated Hermit	Phaethornis striigularis	Guac, Car
Brown Violetear	Colibri delphinae	CMC
Lesser Violetear	Colibri cyanotus	Sav, Mon
Purple-crowned Fairy	Heliothryx barroti	Guac, LS
Green Thorntail	Discosura conversii	Guac, LS
Black-crested Coquette	Lophornis helenae	LS
Green-crowned Brilliant	Heliodoxa jacula	Mon
Talamanca Hummingbird (E)	Eugenes spectabilis	Sav, CdM
Fiery-throated Hummingbird (E)	Panterpe insignis	Sav, CdM
White-bellied Mountain-gem (E)	Lampornis hemileucus	CMC
Purple-throated Mountain-gem (E)	Lampornis calolaemus	Mon
White-throated Mountain-gem	Lampornis castaneoventris cinereicauda	Sav
Volcano Hummingbird (E)	Selasphorus flammula	CdM
Scintillant Hummingbird (E)	Selasphorus scintilla	Sav
Violet-headed Hummingbird	Klais guimeti	Guac, LS
Scaly-breasted Hummingbird	Phaeochroa cuvierii	LS
Violet Sabrewing	Campylopterus hemileucurus	CMC, Mon
Bronze-tailed Plumeleteer	Chalybura urochrysia	Guac
Crowned Woodnymph	Thalurania colombica	Guac, LS
Stripe-tailed Hummingbird	Eupherusa eximia	Sav, Mon
Coppery-headed Emerald (E)	Elvira cupreiceps	CMC, Mon
Snowcap	Microchera albocoronata	ET
Blue-chested Hummingbird	Amazilia amabilis	LS
Blue-vented (Steely-vented) Hummingbird	Amazilia hoffmanni	Car, Mon
Rufous-tailed Hummingbird	Amazilia tzacatl	Guac, LS, Car
Cinnamon Hummingbird	Amazilia rutila	HR, Car, PM
RAILS, GALLINULES, COOTS	RALLIDAE	
Gray-cowled Wood-Rail	Aramides cajaneus	Car
THICK-KNEES	BURHINIDAE	
Double-striped Thick-knee	Burhinus bistriatus	RT
STILTS AND AVOCETS	RECURVIROSTRIDAE	DM
Black-necked Stilt	Himantopus m. mexicanus	PM
PLOVERS AND LAPWINGS	CHARADRIIDAE	Lhan
Southern Lapwing	Vanellus chilensis	Hwy

Collared Plover	Charadrius collaris	RT, PM
Wilson's Plover	Charadrius wilsonia	PM
Semipalmated Plover	Charadrius semipalmatus	PM
JACANAS	JACANIDAE	.
Northern Jacana	Jacana spinosa	SI, Hwy
SANDPIPERS AND ALLIES	SCOLOPACIDAE	
Spotted Sandpiper	Actitis macularius	RT, PM
Willet	Tringa semipalmata	RT, PM
Whimbrel	Numenius phaeopus	RT, PM
Ruddy Turnstone	Arenaria interpres	RT
Marbled Godwit	Limosa fedoa	PM
Semipalmated Sandpiper	Calidris pusilla	PM
Western Sandpiper	Calidris mauri	PM
Short-billed Dowitcher GULLS AND TERNS	Limnodromus griseus LARIDAE	PM
		DM
Laughing Gull	Leucophaeus atricilla Thalasseus maximus	PM RT
Royal Tern Sandwich Tern	Thalasseus maximus Thalasseus sanvicensis	PM
		PM
Elegant Tern STORKS	Thalasseus elegans CICONIIDAE	FIVI
Wood Stork	Mycteria americana	LS, RT, PM
FRIGATEBIRDS	FREGATIDAE	LO, KI, FIVI
Magnificent Frigatebird	Fregata magnificens	PM
ANHINGAS	ANHINGIDAE	L IAI
Anhinga	Anhinga anhinga	PM, Hwy
CORMORANTS AND SHAGS	PHALACROCORACIDAE	1 IVI, 1 IVV y
Neotropic Cormorant	Phalacrocorax brasilianus	RT
PELICANS	PELECANIDAE	IXI
Brown Pelican	Pelecanus occidentalis	Hwy, PM
HERONS, EGRETS, AND BITTERNS	ARDEIDAE	,,
Fasciated Tiger-Heron	Tigrisoma fasciatum	Guac
Bare-throated Tiger-Heron	Tigrisoma mexicanum	RT, Hwy
Great Egret	Ardea alba	RT, Hwy
Snowy Egret	Egretta thula	RT, PM
Little Blue Heron	Egretta caerulea	HR, RT
Cattle Egret	Bubulcus ibis	RT, Hwy
Green Heron	Butorides virescens	RT, PM, Hwy
Boat-billed Heron	Cochlearius cochlearius	RT
IBISES AND SPOONBILLS	THRESKIORNITHIDAE	
White Ibis	Eudocimus albus	RT, PM, Hwy
Green Ibis	Mesembrinibis cayennensis	Guac, LS
Roseate Spoonbill	Platalea ajaja	RT, Hwy
NEW WORLD VULTURES	CATHARTIDAE	· · · · , · · · · · ,
Black Vulture	Coragyps atratus	Various
Turkey Vulture	Cathartes aura	Various
King Vulture	Sarcoramphus papa	LS, Car
HAWKS, EAGLES, AND KITES	ACCIPITRIDAE	,
White-tailed Kite	Elanus leucurus	Hwy
Hook-billed Kite	Chondrohierax uncinatus	LS, PM, Hwy
Swallow-tailed Kite	Elanoides forficatus	LS, Hwy
		, ,

Tropical Birding Trip Report

Costa	Rica:	The	Introtour	L. July	2019
Costa	Mica.	1110	III CI OCOUI	July	/ 2017

Plumbeous Kite	Ictinia plumbea	LS, Car
Crane Hawk	Geranospiza caerulescens	Hwy
Common Black-Hawk	Buteogallus anthracinus	RT
Roadside Hawk	Buteo magnirostris	LS, Hwy
Semiplumbeous Hawk	Leocopternis semiplumbeus	LS
Gray Hawk	Buteo plagiatus	LS, Car, Hwy
Short-tailed Hawk	Buteo brachyurus	LS, CdM
Red-tailed Hawk	Buteo jaimacensis	Sav
OWLS	STRIGIDAE	
Spetacled Owl	Pulsatrix perspicillata	Guac
Mottled Owl	Ciccaba virgata	Mon
Black-and-white Owl	Ciccaba nigrolineata	LS
TROGONS	TROGONIDAE	
Resplendent Quetzal	Pharomachrus mocinno	Sav, Mon
Slaty-tailed Trogon	Trogon massena	LS, Car
Black-headed Trogon	Trogon melanocephalus	PM
Baird's Trogon (E)	Trogon bairdii	Car
Gartered Trogon	Trogon caligatus	Guac, LS, Car
Black-throated Trogon	Trogon rufus	Car
"Orange-bellied" Collared Trogon	Trogon collaris aurantiiventris	Mon
MOTMOTS	MOMOTIDAE	
Lesson's Motmot	Momotus lessonii	VL, Mon
Rufous Motmot	Baryphthengus martii	LS
Broad-billed Motmot H	Electron platyrhynchum	LS, SA
Turquoise-browed Motmot	Eumomota superciliosa	Car, PM
KINGFISHERS	ALCEDINIDAE	
Ringed Kingfisher	Megaceryle torquata	SA, RT
Amazon Kingfisher	Chloroceryle amazona	SA, RT
Green Kingfisher	Chloroceryle americana	SA, RT, VL
American Pygmy Kingfisher	Chloroceryle aenea	RT
PUFFBIRDS	BUCCONIDAE	
Pied Puffbird	Notharcus tectus	LS
White-whiskered Puffbird	Malacoptila panamensis	Car
JACAMARS	GALBULIDAE	
Rufous-tailed Jacamar	Galbula ruficauda	LS, Car
TOUCAN-BARBETS	SEMNORNITHIDAE	
Prong-billed Barbet (E)	Semnornis frantzii	Mon
TOUCANS	RAMPHASTIDAE	
Northern Emerald-Toucanet	Aulacorhynchus prasinus maxillaris	VS, Mon
Collared Aracari	Pteroglossus torquatus	LS, SA
Fiery-billed Aracari (E)	Pteroglossus frantzii	Car
Yellow-throated (Chestnut-mandibled) Toucan	Ramphastos swainsonii	LS, Car
Keel-billed Toucan	Ramphastos sulfuratus	LS, Mon
WOODPECKERS	PICIDAE	
Acorn Woodpecker	Melanerpes formicivorus	Sav, CdM
Golden-naped Woodpecker (E)	Melanerpes chrysauchen	Car
Black-cheeked Woodpecker	Melanerpes pucherani	LS, SA
Red-crowned Woodpecker	Melanerpes rubricapillus	SI
Hoffmann's Woodpecker (E)	Melanerpes hoffmannii	Mon
Smoky-brown Woodpecker	Dryobates fumigatus	Mon

Heim (Mandanadran II	Drichatas villasus	C-IM
Hairy Woodpecker H	Dryobates villosus	CdM
Rufous-winged Woodpecker (E)	Piculus simplex Colaptes rubiginosus	LS, Car Mon
Golden-olive Woodpecker Cinnamon Woodpecker	Celeus loricatus	LS
•		LS
Chestnut-colored Woodpecker	Celeus castaneus	Car
Lineated Woodpecker	Dryocopus lineatus	
Pale-billed Woodpecker	Campephilus guatemalensis FALCONIDAE	LS, Car
FALCONS AND CARACARAS Collared Forest-Falcon		I C DT
	Micrastur semitorquatus	LS, RT
Crested Caracara	Caracara cheriway	PM, Hwy
Yellow-headed Caracara	Milvago chimachima	RT, Hwy
Laughing Falcon	Herpetotheres cachinnans	HR
Bat Falcon	Falco rufigularis	LS
PARROTS	PSITTACIDAE	0.114.0-
Barred Parakeet	Bolborhynchus lineola	CdM, Sav
Orange-chinned Parakeet	Brotogeris jugularis	LS, RT
Brown-hooded Parrot H	Pyrilia haematotis	Car, Mon
White-crowned Parrot	Pionus senilis	LS
White-fronted Parrot	Amazona albifrons	Mon
Red-lored Parrot	Amazona autumnalis	LS
Mealy Parrot	Amazona farinosa	LS, Car
Sulphur-winged Parakeet (E)	Pyrrhura hoffmanni	Sav
Olive-throated Parakeet	Eupsittula nana	LS
Orange-fronted Parakeet	Eupsittula canicularis	PM
Great Green Macaw	Ara ambiguus	LS
Scarlet Macaw	Ara macao	Car, RT, Hwy
Crimson-fronted Parakeet (E)	Psittacara finschi	Various
TYPICAL ANTBIRDS	THAMNOPHILIDAE	
Fasciated Antshrike	Cymbilaimus lineatus	LS
Barred Antshrike	Thamnophilus doliatus	Car
Black-crowned Antshrike	Thamnophilus atrinucha	Guac
Black-hooded Antshrike (E)	Thamnophilus bridgesi	Car
Plain Antvireo	Dysithamnus mentalis	Mon
Slaty Antwren	Myrmotherula schisticolor	Car, Mon
Dusky Antbird	Cercomacra tyrannina	LS, Car
Chestnut-backed Antbird	Myrmeciza exsul	Car
ANTPITTAS	GRALLARIIDAE	
Streak-chested Antpitta	Hylopezus perspicillatus	Car
TAPACULOS	RHINOCRYPTIDAE	
Silvery-fronted Tapaculo (E) H	Scytalopus argentifrons	CdM
ANTTHRUSHES	FORMICARIIDAE	
Black-faced Antthrush	Formicarius analis	Car
WOODCREEPERS	FURNARIIDAE: DENDROCOLAPTINAE	
Olivaceous Woodcreeper	Sittasomus griseicapillus sylvioides	Mon
Ruddy Woodcreeper	Dendrocincla homochroa	Mon
Tawny-winged Woodcreeper H	Dendrocincla anabatina	Car
Plain-brown Woodcreeper H	Dendrocincla fuliginosa	LS
Wedge-billed Woodcreeper	Glyphorynchus spirurus	Guac, LS, Car
Northern Barred-Woodcreeper	Dendrocolaptes sanctithomae	LS, Car, Mon
Cocoa Woodcreeper	Xiphorhynchus susurrans	LS, Car

Black-striped Woodcreeper H	Xiphorhynchus lachrymosus	Car
Streak-headed Woodcreeper	Lepidocolaptes souleyetii	Various
Spot-crowned Woodcreeper	Lepidocolaptes affinis	Sav
OVENBIRDS	FURNARIIDAE: FURNARIINAE	
Plain Xenops	Xenops minutus	LS, Car
Buffy Tuftedcheek	Pseudocolaptes I. lawrencii	Sav
Lineated Foliage-gleaner	Syndactyla subalaris	Sav, Mon
Chiriquí Foliage-gleaner (E)	Automolus exsertus	Car
Spotted Barbtail	Premnoplex brunnescens	Sav
Ruddy Treerunner (E)	Margarornis rubiginosus	Sav
TYRANT FLYCATCHERS	TYRANNIDAE	
Greenish Elaenia H	Myiopagis viridicata	Car
Yellow-bellied Elaenia H	Elaenia flavogaster	LS
Mountain Elaenia	Elaenia frantzii	Sav, Mon
Torrent Tyrannulet	Serpophaga cinerea	VS, Sav
Olive-striped Flycatcher H	Mionectes olivaceus	Mon
Ochre-bellied Flycatcher	Mionectes oleagineus	Guac
Slaty-capped Flycatcher	Leptopogon superciliaris	VS
Mistletoe Tyrannulet	Zimmerius parvus	Various
Northern Scrub-Flycatcher	Sublegatus arenarum	RT, PM
Black-capped Pygmy-Tyrant H	Myiornis atricapillus	Guac
Scale-crested Pygmy-Tyrant H	Lophotriccus pileatus	Mon
Northern Bentbill H	Oncostoma cinereigulare	Car
Slate-headed Tody-Flycatcher	Poecilotriccus sylvia	Car
Common Tody-Flycatcher	Todirostrum cinereum	CMC, LS, Car
Black-headed Tody-Flycatcher H	Todirostrum nigriceps	LS
Eye-ringed Flatbill	Rhynchocyclus brevirostris	Mon
Yellow-olive Flycatcher	Tolmomyias sulphurescens cinereiceps	LS, Car
Royal Flycatcher	Onychorhynchus coronatus mexicanus	Car
Sulphur-rumped Flycatcher	Myiobius sulphureipygius aureatus	Car
Tufted Flycatcher	Mitrephanes phaeocercus aurantiiventris	Sav, Mon
Tropical Pewee	Contopus cinereus brachytarsus/rhizophorus	RT
Yellowish Flycatcher	Empidonax flavescens	Sav, Mon
Black-capped Flycatcher	Empidonax atriceps	CdM
Black Phoebe L	Sayornis nigricans	SA, Sav
Rufous Mourner	Phytipterna holerythra	Mon
Dusky-capped Flycatcher	Myiarchus tuberculifer	LS, Mon
Panama Flycatcher	Myiarchus panamensis	RT
Nutting's Flycatcher	Myiarchus nuttingi	PM
Great Kiskadee	Pitangus sulphuratus	Various
Boat-billed Flycatcher	Megarynchus pitangua	LS, Car
Social Flycatcher	Myiozetetes similis	Various
Gray-capped Flycatcher	Myiozetetes granadensis	LS, VL
White-ringed Flycatcher	Conopias albovittatus	LS
Golden-bellied Flycatcher (E)	Myiodynastes hemichrysus	Sav
Streaked Flycatcher	Myiodynastes maculatus	Car
Sulphur-bellied Flycatcher	Myiodynastes luteiventris	Mon
Piratic Flycatcher	Legatus leucophaius	Car, Mon
Tropical Kingbird	Tyrannus melancholicus	Various

COTINGAS	COTINGIDAE	
Purple-throated Fruitcrow	Querula purpurata	LS
Turquoise Cotinga (E)	Cotinga ridgwayi	SI
Rufous Piha H	Lipaugus unirufus	Car
Three-wattled Bellbird (E)	Procnias tricarunculatus	Mon
Snowy Cotinga	Carpodectes nitidus	LS
MANAKINS	PIPRIDAE	
Long-tailed Manakin	Chiroxiphia linearis	Car, Mon
Orange-collared Manakin (E)	Manacus aurantiacus	Car
Red-capped Manakin	Pipra mentalis	Car
TITYRAS AND ALLIES	TITYRIDAE	
Black-crowned Tityra	Tityra inquisitor	LS
Masked Tityra	Tityra semifasciata	LS, SI, Hwy
Cinnamon Becard	Pachyramphus cinnamomeus	LS
White-winged Becard	Pachyramphus polychopterus similis	RT, Car
Rose-throated Becard	Pachyramphus aglaiae	Car, PM
VIREOS	VIREONIDAE	
Mangrove Vireo	Vireo pallens	RT
Yellow-winged Vireo (E)	Vireo carmioli	Sav
Brown-capped Vireo	Vireo leucophrys	Sav
Yellow-green Vireo	Vireo flavipes	Car, PM
Lesser Greenlet	Pachysylvia decurtata	LS, Car, Mon
Green Shrike-Vireo H	Vireolanius pulchellus	Car
Tawny-crowned Greenlet	Tunchiornis ochraceiceps	Car, Mon
Rufous-browed Peppershrike H	Cyclarhis gujanensis	RT
CROWS, JAYS, AND MAGPIES	CORVIDAE	
White-throated Magpie-Jay	Calocitta formosa	PM, Mon
White-throated Magpie-Jay Brown Jay	Calocitta formosa Cyanocorax morio	PM, Mon Mon, Hwy
White-throated Magpie-Jay Brown Jay SWALLOWS	Calocitta formosa Cyanocorax morio HIRUNDINIDAE	Mon, Hwy
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca	Mon, Hwy Various
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis	Mon, Hwy Various PM
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea	Mon, Hwy Various PM LS, Hwy
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea	Mon, Hwy Various PM
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren House Wren	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus Troglodytes aedon intermedius	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car Various
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren House Wren Ochraceous Wren (E)	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus Troglodytes aedon intermedius Troglodytes ochraceus	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car Various CMC, Sav, Mon
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren House Wren Ochraceous Wren (E) Timberline Wren (E)	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus Troglodytes aedon intermedius Troglodytes ochraceus Thryorchilus browni	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car Various CMC, Sav, Mon CdM
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren House Wren Ochraceous Wren (E) Timberline Wren (E) Band-backed Wren	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus Troglodytes aedon intermedius Troglodytes ochraceus Thryorchilus browni Campylorhynchus zonatus	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car Various CMC, Sav, Mon CdM LS
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren House Wren Ochraceous Wren (E) Timberline Wren (E) Band-backed Wren Rufous-naped Wren	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus Troglodytes aedon intermedius Troglodytes ochraceus Thryorchilus browni Campylorhynchus zonatus Campylorhynchus rufinucha capistratus	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car Various CMC, Sav, Mon CdM LS HR, Car, PM
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren House Wren Ochraceous Wren (E) Timberline Wren (E) Band-backed Wren Rufous-naped Wren Rufous-breasted Wren	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus Troglodytes aedon intermedius Troglodytes ochraceus Thryorchilus browni Campylorhynchus zonatus Campylorhynchus rufinucha capistratus Pheugopedius rutilus	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car Various CMC, Sav, Mon CdM LS HR, Car, PM Car
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren House Wren Ochraceous Wren (E) Timberline Wren (E) Band-backed Wren Rufous-naped Wren Rufous-breasted Wren Black-throated Wren (E)	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus Troglodytes aedon intermedius Troglodytes ochraceus Thryorchilus browni Campylorhynchus zonatus Campylorhynchus rufinucha capistratus Pheugopedius atrogularis	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car Various CMC, Sav, Mon CdM LS HR, Car, PM Car LS
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren House Wren Ochraceous Wren (E) Timberline Wren (E) Band-backed Wren Rufous-naped Wren Rufous-breasted Wren Black-throated Wren (E) Rufous-and-white Wren	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus Troglodytes aedon intermedius Troglodytes ochraceus Thryorchilus browni Campylorhynchus zonatus Campylorhynchus rufinucha capistratus Pheugopedius rutilus Pheugopedius rutalbus	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car Various CMC, Sav, Mon CdM LS HR, Car, PM Car LS Car, Mon
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren House Wren Ochraceous Wren (E) Timberline Wren (E) Band-backed Wren Rufous-naped Wren Rufous-breasted Wren Black-throated Wren (E) Rufous-and-white Wren Stripe-breasted Wren (E)	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus Troglodytes aedon intermedius Troglodytes ochraceus Thryorchilus browni Campylorhynchus zonatus Campylorhynchus rufinucha capistratus Pheugopedius rutilus Pheugopedius rufalbus Cantorchilus thoracicus	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car Various CMC, Sav, Mon CdM LS HR, Car, PM Car LS Car, Mon LS, SA
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren House Wren Ochraceous Wren (E) Timberline Wren (E) Band-backed Wren Rufous-naped Wren Rufous-breasted Wren Black-throated Wren (E) Rufous-and-white Wren Stripe-breasted Wren (E) Cabanis's Wren	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus Troglodytes aedon intermedius Troglodytes ochraceus Thryorchilus browni Campylorhynchus zonatus Campylorhynchus rufinucha capistratus Pheugopedius atrogularis Thryophilus rufalbus Cantorchilus thoracicus Cantorchilus modestus	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car Various CMC, Sav, Mon CdM LS HR, Car, PM Car LS Car, Mon LS, SA Mon
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren House Wren Ochraceous Wren (E) Timberline Wren (E) Band-backed Wren Rufous-naped Wren Rufous-breasted Wren Black-throated Wren (E) Rufous-and-white Wren Stripe-breasted Wren (E) Cabanis's Wren Canebrake Wren (E)	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus Troglodytes aedon intermedius Troglodytes ochraceus Thryorchilus browni Campylorhynchus zonatus Campylorhynchus rufinucha capistratus Pheugopedius atrogularis Thryophilus rufalbus Cantorchilus thoracicus Cantorchilus zeledoni	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car Various CMC, Sav, Mon CdM LS HR, Car, PM Car LS Car, Mon LS, SA Mon CMC, LS
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren House Wren Ochraceous Wren (E) Timberline Wren (E) Band-backed Wren Rufous-naped Wren Rufous-breasted Wren Black-throated Wren (E) Rufous-and-white Wren Stripe-breasted Wren (E) Cabanis's Wren Canebrake Wren (E) Riverside Wren (E)	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus Troglodytes aedon intermedius Troglodytes ochraceus Thryorchilus browni Campylorhynchus zonatus Campylorhynchus rufinucha capistratus Pheugopedius atrogularis Thryophilus rufalbus Cantorchilus thoracicus Cantorchilus zeledoni Cantorchilus semibadius	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car Various CMC, Sav, Mon CdM LS HR, Car, PM Car LS Car, Mon LS, SA Mon CMC, LS Car
White-throated Magpie-Jay Brown Jay SWALLOWS Blue-and-white Swallow Northern Rough-winged Swallow Gray-breasted Martin Mangrove Swallow WRENS Scaly-breasted Wren House Wren Ochraceous Wren (E) Timberline Wren (E) Band-backed Wren Rufous-naped Wren Rufous-breasted Wren Black-throated Wren (E) Rufous-and-white Wren Stripe-breasted Wren (E) Cabanis's Wren Canebrake Wren (E) Riverside Wren (E) Bay Wren H	Calocitta formosa Cyanocorax morio HIRUNDINIDAE Pygochelidon cyanoleuca Stelgidopteryx serripennis Progne chalybea Tachycineta albilinea TROGLODYTIDAE Microcerculus marginatus Troglodytes aedon intermedius Troglodytes ochraceus Thryorchilus browni Campylorhynchus zonatus Campylorhynchus rufinucha capistratus Pheugopedius rutilus Pheugopedius atrogularis Thryophilus rufalbus Cantorchilus thoracicus Cantorchilus semibadius Cantorchilus nigricapillus	Mon, Hwy Various PM LS, Hwy SI, RT, Hwy Car Various CMC, Sav, Mon CdM LS HR, Car, PM Car LS Car, Mon LS, SA Mon CMC, LS Car LS Car LS
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GNATCATCHERS	POLIOPTILIDAE	100
Long-billed Gnatwren	Ramphocaenus melanurus	LS, Car
White-lored Gnatcatcher	Polioptila albiloris	PM
Tropical Gnatcatcher	Polioptil plumbea	LS, SI
THRUSHES AND ALLIES	TURDIDAE	
Black-faced Solitaire (E)	Myadestes melanops	Sav, Mon
Black-billed Nightingale-Thrush (E)	Catharus gracilirostris	Sav, CdM
Orange-billed Nightingale-Thrush	Catharus aurantiirostris	Mon
Slaty-backed Nightingale-Thrush	Catharus fuscater	Mon
Ruddy-capped Nightingale-Thrush	Catharus frantzii	Sav
Black-headed Nightingale-Thrush	Catharus mexicanus	Mon
Sooty Thrush (Robin) (E)	Turdus nigrescens	CdM, Sav
Mountain Thrush (Robin)	Turdus plebejus	Sav, Mon
Clay-colored Thrush (Robin)	Turdus grayi	Various
White-throated Thrush	Turdus assimilis	Mon
MOCKINGBIRDS AND THRASHERS	MIMIDAE	
Tropical Mockingbird	Mimus gilvus	SI
SILKY-FLYCATCHERS	PTILOGONATIDAE	
Long-tailed Silky-flycatcher (E)	Ptilogonys caudatus	CdM, Sav
BUNTINGS AND NEW WORLD SPARROWS	EMBERIZIDAE	
Sooty-capped Chlorospingus (E)	Chlorospingus pileatus	Sav
Common Chlorospingus	Chlorospingus ophthalmicus regionalis/novicius	CMC, Mon
Stripe-headed Sparrow	Peucaea ruficauda	PM
Olive Sparrow	Arremonops rufivirgatus	PM
Black-striped Sparrow	Arremonops conirostris	LS
Orange-billed Sparrow	Arremon aurantiirostris	LS, Car
Chestnut-capped Brushfinch	Arremon brunneinucha	Sav
Volcano Junco (E)	Junco vulcani	CdM
Rufous-collared Sparrow	Zonotrichia capensis	Sav, CdM, Mon
Large-footed Finch (E)	Pezopetes capitalis	Sav
White-eared Ground-Sparrow	Melozone leucotis	Mon
Yellow-thighed Brushfinch (E)	Pselliophorus tibialis	Sav
White-naped Brushfinch	Atlapetes albinuch	Mon
FINCHES, EUPHONIAS, AND ALLIES	FRINGILLIDAE	
Scrub Euphonia	Euphonia affinis	PM
Yellow-crowned Euphonia (E)	Euphonia luteicapilla	Guac, LS
Yellow-throated Euphonia	Euphonia hirundinacea	Mon
Elegant Euphonia	Euphonia elegantissima	Sav
Spot-crowned Euphonia (E)	Euphonia imitans	Car
Olive-backed Euphonia	Euphonia gouldi	Guac, LS
White-vented Euphonia	Euphonia minuta	LS
Golden-browed Chlorophonia (E)	Chlorophonia callophrys	Sav, Mon
Lesser Goldfinch	Spinus psaltria	Hwy
Yellow-bellied Siskin	Spinus xanthogastrus	Sav
WRENTHRUSH	ZELEDONIIDAE	Oav
Wrenthrush (E)	Zeledonia coronata	Sav, CdM
TROUPIALS AND ALLIES	ICTERIDAE	Jav, Julivi
Red-winged Blackbird	Agelaius phoeniceus	RT, Hwy
Red-breasted Meadowlark	Sturnella militaris	•
Eastern Meadowlark		Hwy
Eastern ivieauowialk	Sturnella magna	HR, Hwy

Melodious Blackbird	Dives dives	HR, Guac, Sav
Great-tailed Grackle	Quiscalus mexicanus	Various
Streak-backed Oriole	Icterus pustulatus	PM
Spot-breasted Oriole	Icterus pectoralis	HR
Yellow-rumped Cacique	Amblycercus holosericeus	CdM
Scarlet-rumped Cacique	Cacicus uropygialis	LS
Chestnut-headed Oropendola	Psarocolius wagleri	LS
Montezuma Oropendola	Psarocolius montezuma	Guac, LS
NEW WORLD WARBLERS	PARULIDAE	
Flame-throated Warbler	Oreothlypis gutturalis	Sav, CdM
Gray-crowned Yellowthroat	Geothlypis poliocephala	Mon
Olive-crowned Yellowthroat	Geothlypis semiflava	LS
Tropical Parula	Setophaga pitiayumi	Car
Yellow (Mangrove) Warbler	Setophaga petechia bryanti	RT, PM
Rufous-capped Tanager	Basileuterus rufifrons	Mon
Black-cheeked Warbler (E)	Basileuterus melanogenys	Sav
Golden-crowned Warbler	Basileuterus culicivorus	Mon
Costa Rican Warbler (E)	Basileuterus melanotis	Mon
Buff-rumped Warbler	Myiothlypis fulvicauda	LS, Car
Slate-throated Redstart/Whitestart	Myioborus miniatus comptus/aurantiacus	Mon
Collared Redstart/Whitestart (E)	Myioborus torquatus	Sav, CdM, Mon
MITROSPINGID TANAGERS	MITROSPINGIDAE	Cav, Caivi, Mon
Dusky-faced Tanager	Mitrospingus cassinii	LS
CARDINALS AND ALLIES	CARDINALIDAE	
Hepatic Tanager	Piranga flava testacea	Mon
Flame-colored Tanager	Piranga bidentata	Sav
Red-crowned Ant-Tanager	Habia rubica	Car, Mon
Red-throated Ant-Tanager	Habia fuscicauda	Guac, LS
Black-faced Grosbeak	Caryothraustes poliogaster	LS
Blue-black Grosbeak	Cyanocompsa cyanoides	Guac, Car
TANAGERS AND ALLIES	THRAUPIDAE	
Gray-headed Tanager	Eucometis penicillata	Car
White-shouldered Tanager	Tachyphonus luctuosus	Car
Scarlet-rumped Tanager	Ramphocelus p. passerinii / costaricensis	Guac, LS, Car
Blue-gray Tanager	Thraupis episcopus cana	Various
Palm Tanager	Thraupis palmarum	Various
Golden-hooded Tanager	Tangara larvata	LS, Car
Spangle-cheeked Tanager (E)	Tangara dowii	Sav
Bay-headed Tanager	Tangara gyrola	Car
Silver-throated Tanager	Tangara icterocephala	CMC, Sav, Mon
Scarlet-thighed Dacnis	Dacnis venusta	Mon
Blue Dacnis	Dacnis cayana	Car
Shining Honeycreeper	Cyanerpes lucidus	LS
Red-legged Honeycreeper	Cyanerpes cyaneus	Guac, Car, Mon
Green Honeycreeper	Chlorophanes spiza	Guac, LS, Car
Slaty Flowerpiercer (E)	Diglossa plumbea	Sav, CdM
Blue-black Grassquit	Volatinia jacarina	RT
Thick-billed Seed-Finch	Cporophila fuerea	LS
Variable Seedeater	Sporophila corvina corvine / hoffmanni	Gupac, LS, SI, Car
Morelet's Seedeater	Sporophila morelleti	LS, PM
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Tropical Birding Trip Report

Costa Rica: The Introtour | July 2019

Bananaquit Yellow-faced Grassquit Black-headed Saltator Buff-throated Saltator Coereba flaveola mexicana Tiaris olivaceus Saltator atriceps Saltator maximus Guac, LS, Mon Sav, Mon LS Various



Birding the cloud forest at Monteverde.

Mammals

Brown-throated Three-toed Sloth
Nine-banded Long-nosed Armadillo
Honduran White Bat
White-throated Capuchin Monkey
Mantled Howler Monkey
Red-tailed Squirrel
Variegated Squirrel
Wexican (Dwarf) Hairy Porcupine
Central American Agouti
White-nosed Coati
Collared Peccary

Species

Bradypus variegatus
Dasypus novemcinctus
Ectophylla alba
Cebus capucinus
Alouatta palliate
Sciurus granatensis
Sciurus variegatoides
Coendou mexicanus
Dasyprocta punctate
Nasua narica
Tayassu tajacu

Site(s)

Guac, LS LS Guac LS, Car, Mon LS, Car, Hwy LS, Sav, Mon HR, LS LS, Sav Car, Mon Mond, Hwy LS



We were treated to a view of this group of **Honduran White Bats with Cope** on our first day.

Amphibians

<u>Species</u>			<u>Site(s)</u>
	Giant Toad	Rhinella horribilis	HR, LS, Car
	Leaf Litter Toad	Rhaebo haematiticus	LS
	Savage's Thin-toed Frog (Savage's Bull Frog)	Leptodactylus savageii	LS, Car
	Red-eyed Treefrog (Red-eyed Leaf Frog)	Agalychnis callidryas	Car
	Gliding Leaf Frog	Agalychnis spurrelli	Car
	Rosenberg's Gladiator Treefrog	Boana rosenbergi	Car
	Harlequin Treefrog	Dendropsophus ebraccatus	Car
	Yellow Treefrog	Dendropsophus microscephalus	VL
	Masked Treefrog	Smilisca phaeota	Car
	Drab Treefrog	Smilisca sordida	Car
	Green-and-black Poison Frog	Dendrobates auratus	LS, Car
	Strawberry Poison Frog	Oophaga (Dendrobates) pumilio	Guac, LS



Our local guide Joel knew where to find this gorgeous **Eyelash Viper** at La Selva.

Reptiles

	<u>Species</u>	Site(s)
Black River Turtle	Rhinoclemmys funerea	LS
Helmeted Iguana	Corytophanes cristatus	Guac
Common Basilisk	Basiliscus basiliscus	Car
Spinytail Iguana	Ctenosaura similis	Car
Green Iguana	Iguana iguana	LS
Common House Gecko	Hemidactylus frenatus	Various
Emerald Swift (Green Spiny Lizard)	Sceloporus malachitus	CdM, Mon
Middle American Ameiva	Ameiva festiva	LS
Rainbow Ameiva	Ameiva undulatus	Car
Tropical Night Lizard	Lepidophyma flavimaculatum	LS
Northern Cat-eyed Snake	Leptodeira annulata	LS
Cloudy Snail-eater	Sibon nubulatus	LS
Eyelash Viper	Bothriechis schlegelii	LS
Terciopelo (Fer-de-lance)	Bothrops asper	LS
American Crocodile	Crocodylus acutus	RT