



Panama – The Best of Tropical America

12 – 25 February 2024

TOUR LEADER: Nick Athanas

Report by Nick Athanas; photos by Mike Neubauer (thank you!) and Nick Athanas



Agami Heron (photo by Mike Neubauer) – A scarce bird anywhere, but especially in Panama; this was one of our favorites of the trip

It's hard to top Panama in terms of density of species – the tiny Central American country (smaller than South Carolina) boasts an incredible 1000+ bird species, about as many as all of North America north of Mexico. This tour is designed to be an introduction to this biodiverse nation, spending time in central, western, and eastern Panama, including an exciting daytrip into the Darien. It's also a great tour for finding some of the most difficult and enigmatic Neotropical bird families – in particular **Rosy Thrush-Tanager**, **Wrenthrush**, and **Sapayoa**, all of which we saw on the tour. Some of

the other standout species from the trip included **Agami Heron**, **Yellow-eared Toucanet**, **Tody Motmot**, **Resplendent Quetzal**, **Choco Screech-Owl**, **Gray-cheeked Nunlet**, **Strpe-cheeked Woodpecker**, **Black Antshrike**, **Streak-chested Antpitta**, **Double-banded Graytail**, **Blue Cotinga**, **Green Shrike-Vireo**, and **Slate-throated Gnatcatcher**. We saw a decent number of mammals too, including multiple sightings of the cute but seemingly always angry **Geoffroy's Tamarin** (*photo below by Nick A.*) Panama has been enduring a historic draught in recent months, which has been in the news due to its effect on limiting traffic through the Canal. I had been worried that it might impact the birding, but with a few exceptions we had decent activity, and our final birdlist was over 400 species.



Our first full day of birding was in and around Panama City. We started at Metropolitan Nature Park just as it opened, and the parking lot was already packed. By chance it was Carnival (Mardi Gras), a national holiday, and while this meant that there was a lot less traffic in the city (which can be horrendous), there were a lot of folks out and about enjoying the beautiful morning. However the wildlife is accustomed to people in this popular park, and we still saw quite a lot, such as **Gartered Trogon**, **Broad-billed Motmot**, **White-necked Puffbird**, **Crimson-crested Woodpecker**, **White-bellied Antbird**, **Red-capped Manakin**, **Green Shrike-Vireo**, **Golden-fronted Greenlet**, **Black-chested Jay**, **Rufous-breasted** and

Rufous-and-white Wren, and **Red-throated Ant-Tanager**. It took a while to track down a **Rosy Thrush-Tanager**, but finally one started calling near the trail, then after sneaking in low like they usually do, climbed up surprisingly high into a tree. The mammals were also fun – we saw our first **Geoffroy’s Tamarins**, a **Brown-throated Sloth** was hanging out in a bare tree, a troop of **Mantled Howlers** was attracting tons of attention from the passersby, and a fearless family of **White-nosed Coatis** snuffled around almost at our feet. By noon we were pretty hot and sweaty and ready for a break. We found a decent restaurant nearby and enjoyed a relaxing lunch before heading to Old Panama and Costa del Este. The tide was way out but we still saw a good selection of coastal birds and shorebirds. A patch of mangroves nearby was even better and we were able to locate the handsome “**Mangrove**” **Yellow Warbler**, a responsive **Straight-billed Woodcreeper**, the stubby-billed **Northern Scrub-Flycatcher**, a singing **Scrub Greenlet**, and even an **American Pygmy Kingfisher**. Later in the afternoon, we birded the scrubby habitat between our hotel and the airport, which was surprisingly good, with 50 species recorded in a short amount of time, including **Black-striped Sparrow**, **Pale-breasted Spinetail**, and **Isthmian Wren**, just to mention a few.



Red-capped Manakin (N. Athanas)

Next morning we headed up to Cerro Azul in the cooler mountains north of Panama City. Things started off with a bang with closeup views of the superb and scarce **Yellow-eared Toucanet**, but then fog and wind kept things very slow for a while. Our first attempt to see the endemic Violet-capped Hummingbird was hopeless, so we bailed (for now) and drove down out of the fog to another road that had much better activity. We soon connected with the other target endemic, **Stripe-cheeked Woodpecker**, along with a nice selection of other species like **Black-cheeked Woodpecker**, **Snowy-bellied Hummingbird**, **Cocoa Woodcreeper**, **Velvety Manakin**, **Chestnut-headed Oropendola**, **Speckled**, **Plain-colored**, **Golden-hooded**, and **Crimson-backed Tanagers**, **Green** and **Red-legged Honeycreepers**, and a bunch of wintering wood-

warblers including a **Golden-winged**. Normally on this day we would visit a set of feeders at a private residence, but the owners were away on vacation, so we missed out on that. Instead I went to a stakeout for **Tody Motmot** that I had tried several times in the past with zero luck. Today was different! One started calling back almost immediately, and we soon realized it was really close to the trail. Despite everyone searching intently, it remained elusive until I clambered down off the trail and crawled through the brush until I finally saw it hop up on a branch. Not knowing if it was visible from the trail, I called everyone down and we all managed to contort ourselves into position to see this rare and elusive bird. Eric (maybe sensibly!) stayed up on the trail, but by homing in on the laser, he was able to also see it through a tiny window. It seemed a good consolation for missing out on the feeders! We had lunch at a simple but tasty restaurant in Cerro Azul, then made another assault on the mountain for the hummingbird. Before we got there, we stopped for a **Gray-headed Chachalaca**, and in the same spot saw a superb **Emerald Tanager** and a pair of **Chestnut-capped Warblers**. The road up to the top had dried out a bit, so I was able to drive all the way up and this time we did manage to find a female **Violet-capped Hummingbird**. We still had some time left, so checked out a few other spots, where a few birds of note were **Shining Honeycreeper**, **Fulvous-vented Euphonia**, and several more **Stripe-cheeked Woodpeckers**, before driving back down the mountain to our hotel in Panama City.

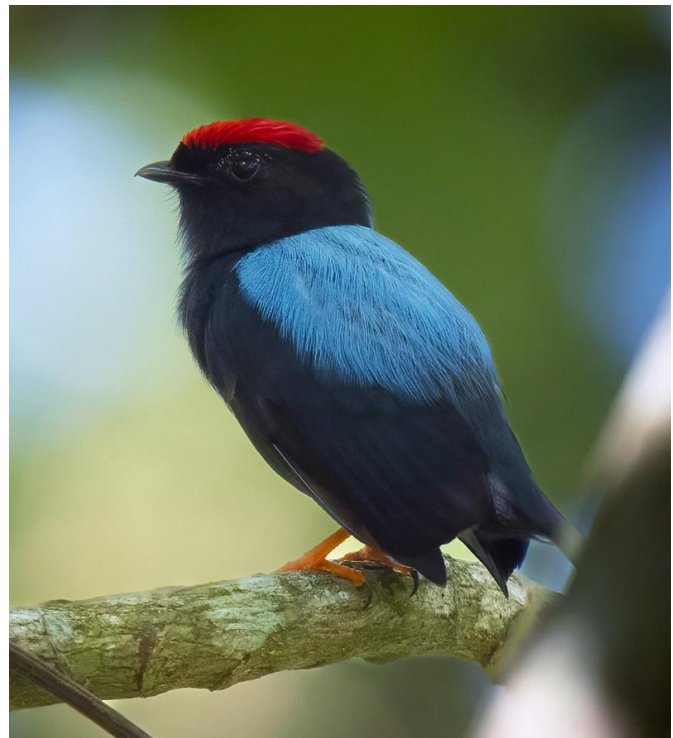


Yellow-eared Toucanet (Mike Neubauer)



Stripe-cheeked Woodpecker (Mike Neubauer)

Early next morning, we headed to the airport to catch a short flight to David in the province of Chiriquí in western Panama. We had three days to explore this area, based in the mountain town of Volcán with Panama's tallest peak, Barú, looming over us nearby. Before heading upslope, we had a short stop at a park next to the airport, a great spot to see **Lance-tailed Manakin**, and it did not disappoint (*photo right, Mike N.*). Also here were **Orange-chinned Parakeet**, **Northern Mouse-colored Tyrannulet**, **Lesser Elaenia**, **Panama Flycatcher**, **Fork-tailed Flycatcher**, and some others. We then drove the 1h20m or so to David, where along the way a **Fiery-billed Aracari** flew across the highway in front of us – sadly that was the only one of the trip. We checked into our hotel and had lunch before venturing up to higher elevations at La Amistad. The weather changed dramatically as we neared the park, with low cloud cover, mist, and some light rain – perfect for cloudforest birding! In this habitat the birds tend to be much more active in this type of weather compared to when it is super dry. Birds were moving all around us for the next couple of hours, and it was tons of fun to see them so well. Noisy **Golden-bellied Flycatchers** started things off,



soon followed by several **Long-tailed Silky-Flycatchers**, and then it got crazy. A stream of birds followed in quick succession: **Ruddy Treerunner**, **Collared Redstart**, **Black-cheeked Warbler**, **Tufted Flycatcher**, **Yellow-winged Vireo**, **White-fronted Tyrannulet**, **Gray-breasted Wood-Wren**, **Yellowish Flycatcher**, **Sooty-capped Chlorospingus**, and **Yellow-thighed Brushfinch**. Suddenly I realized that there was a **Wrenthrush** singing right next to us, and Mark and I latched eyes onto it almost immediately, simultaneously announcing it. I looked up and saw the rest of the group was intent on something else, then panicked that they would not see it! I can't really remember what I said, maybe that is just as well, but quickly everyone was on this strange, tiny, monotypic bird. As if that was not enough, soon after a group of **Prong-billed Barbets** came in and started feeding on fruit at eye level, and a **Ruddy-capped Nightingale-Thrush** sat out in the open. Unfortunately this park closes early at 4pm, so with daylight left, we headed over to Bajo Grande and birded the road up to Volcán Barú NP. This is the best spot on the tour for **Respendant Quetzal**, and continuing our epic afternoon, we tracked down a calling male in its finest regalia (thanks Georganne!), which we admired for a while. Also nearby were **Flame-throated Warbler**, **Ochraceous Wren**, and **Spot-crowned Woodcreeper** before we called it a day.



Respendant Quetzal (Mike Neubauer)

Down in the foothills below Volcán, there is a great little private reserve called Birding Paradise. It's owned by Michael (the H is silent), who taught himself the birds over the years and guides visitors around his property. We arrived just after dawn to take full advantage of the morning, and we saw and/or heard nearly 100 species during the morning – pretty amazing for such a small area. The feeders were a bit slower than normal, perhaps do the onset of the breeding season, but were attracting birds like **Scarlet-rumped Tanager**, **Black-striped Sparrow**, **Snowy-bellied** and **Scaly-breasted Hummingbirds**, **Long-billed Starthroat**, and **Gray-headed Chachalaca**. We didn't linger too long at the feeders and birded his yard and a short trail for most of the rest of the morning. Some of the highlights were **Crested Guan**, **Garden Emerald**, **Short-tailed Hawk**, **Lesson's Motmot**, **Laughing Falcon**, **Brown-throated** and **Crimson-fronted Parakeets**, **White-ruffed**, **Velvety**, and **Orange-collared Manakins**, **Scale-crested Pygmy-Tyrant**, **Gray-capped Flycatcher**, **White-browed Gnatcatcher**, **Riverside Wren**, **Spot-crowned Euphonia**, **Orange-billed Sparrow**, **Chestnut-headed** and **Crested Oropendolas**, **Buff-rumped Warbler**, **Golden-hooded Tanager**, **Red-legged** and **Green Honeycreepers**, **Buff-throated Saltator**, and a surprise **Painted Bunting**.



Orange-billed Sparrow (Mike Neubauer)

After leaving Birding Paradise, we stopped for lunch in Volcán (seeing a **White Hawk** along the way), then headed back up to La Amistad. It was sunny and much quieter than yesterday (at least birdwise – a throng of young boy and girl scouts were having a fun time around the visitor's center!). However, we did succeed in tracking down several new trip birds like **Silvery-fronted Tapaculo**, **Black-faced Solitaire**, and **Large-footed Finch**, and found another male **Resplendent**

Quetzal. After the park closed, we drove down to Lagunas de Volcán, where we successfully hunted down a “Chiriqui” **Olive-crowned Yellowthroat** plus a few others like **Orange-billed Nightingale-Thrush** before heading back to the hotel.



The Olive-crowned Yellowthroats in SW Panama and adjacent Costa Rica are likely to be split (Nick A.)

We started the morning back above Bajo Grande, where we had seen our first quetzal two days ago. This time, we hiked a long way up the often steep track towards Volcán Barú National Park. Some of the best bird activity was right at the start, where hummingbirds like **Lesser Violetear**, **White-throated Mountain-gem**, and **Volcano Hummingbird**, and **Scintillant Hummingbird** were busy working the flowers near the parking lot, along with several **Slaty Flowerpiercers**. **Red-faced Spinetails** were singing nearby and came in close after a bit of playback. Since our luck in La Amistad was pretty good the last couple of days, most of what we saw during today’s hike were repeats, but it was great to see them again, and some such as **Flame-throated Warbler** and **Flame-colored Tanager** showed a lot better today. **Dark Pewee**, **Stripe-tailed Hummingbird**, **Northern Emerald Toucanet**, **Black-capped Flycatcher**, **Yellow-bellied Siskin**, and **Silver-throated Tanager** were all new for the tour, but despite an intensive search, a singing Costa Rican Pygmy-Owl could not be located, since it was hiding very up in an enormous oak tree. After the long walk in the morning, it was nice to relax a bit in the afternoon. We spent several hours at the Tamandua hummingbird garden in Guadalupe, waiting for the birds to come to us and having some time to photograph them too. **Lesser Violetear**, **Talamanca Hummingbird**, **White-throated Mountain-gem**, **Violet-Sabrewing**, **Stripe-tailed Hummingbird**, **Snowy-bellied Hummingbird**, and **Rufous-tailed Hummingbird** were all coming to the nectar feeders, and other birds came to fruit, seeds, or just passed through the garden, including **Acorn Woodpecker**, **Chestnut-capped Brushfinch**, **Rose-breasted Grosbeak**, **Melodious Blackbird**, and **Buff-throated Saltator**.



Above: Violet Sabrewing; below: Silver-throated Tanager. Photos by Nick A.



Hard to believe, but our time in the West had come to an end. The next morning we drove back to David Airport, arriving in time for some last minute birding in the same nearby park. Dozens of **Red-lored Parrots** had invaded, and they seemed to be feeding in every tree around us, squawking noisily. Unknown to us at the time, a **Yellow-crowned Parrot** was in amongst them, as Mike found out after examining his photos after the trip was over. **Yellow-green** and **Philadelphia Vireos** were also seen along with thirty or so species we had encountered previously. Our flight back to Panama City was on time, and after picking up the van, we headed across the city towards the Canal and then turned north to Gamboa, a small town near the Chagres River. Gamboa is a historic town, built in 1911 during the construction of the Panama Canal to house workers. It is still used today, mainly as the center for dredging operations, but it has embraced ecotourism too. It is home to Gamboa Rainforest Resort, a very comfortable lodge that makes a perfect base for exploring the surrounding areas. Rooms weren't ready until 3pm, so we had time to have lunch and wander around a bit. Despite the heat there were quite a few birds around including the tour's only **Flame-rumped Tanagers** as well as others like **Cinnamon Becard**, **Blue Dacnis**, **Mangrove Swallow**, **Rusty-margined Flycatcher**, and **Anhinga**. Waves of **Turkey Vultures** passed overhead as they migrated their way towards North America. After checking into our rooms, we drove south 20 minutes to Summit Ponds. This is a great afternoon birding area since the ponds always have some interesting species, and the surrounding forest is more open and easier to see into than the wetter forest to the north. We started things off with water-loving birds like **Boat-billed Heron**, **Amazon Kingfisher**, **Lesser Kiskadee**, and **Greater Ani**, but soon some loud snapping drew us towards the forest where we enjoyed watching a beautiful male **Golden-collared Manakin** singing on an open perch (*photo right, Nick A.*). Soon after, another birding group pointed us in the direction of a **Jet Antbird**. We weren't about to say no to that, and soon we found a cooperative individual along with several other species like **Buff-breasted Wren** and a gorgeous pair of **Cinnamon Woodpeckers**. On the way back to the car, we encountered another angry troop of **Geoffroy's Tamarins**, and the nearby security guards seemed to enjoy watching them as much as we did.

Next morning, we drove in the dark along the famous Pipeline Road to a private reserve called the Panama Rainforest Discovery Center. They have an excellent canopy observation tower, and I always like to be up at the top right at dawn. We were a little



earlier than strictly necessary, but that gave us the chance to do some owling on the way there, and lucked out with a nice **Choco Screech-Owl** before climbing the tower. Soon the canopy came alive, and over the next hour and a half we were kept busy with a series of great birds including **Scaled Pigeon**, **Purple-crowned Fairy**, **White-tailed Trogon**, **Yellow-throated** and **Keel-billed Toucans**, **Collared Aracari**, **Blue-headed**, **Red-lored**, and **Mealy Parrots**, **Blue Cotinga**, **Black-headed Tody-Flycatcher**, **Yellow-winged Flatbill**, **Yellow-backed Oriole**, and **Slate-colored Grosbeak**. Once the activity in the canopy slowed, we headed down to the forest floor. We stopped for a few minutes at the hummer feeders (**Long-billed Hermit**, **Violet-bellied Hummingbird**) then hit the trails for the rest of the morning. **Song Wrens** seemed to be everywhere including an entire family of them – watching one of the young birds playing with a leaf that was bigger than it was ended up being one of the highlights of the tour! Other birds along the trail included **Gray-chested Dove**, **Whooping Motmot**, **White-whiskered Puffbird**, **Checker-throated Stipplethroat**, **Dot-winged Antwren**, **Dusky**, **Bicolored**, and **Spotted Antbirds**, **Russet-winged Schiffornis**, and **Scaly-breasted Wren**.



Song Wren (Nick A.)

After lunch and a siesta, we first stopped at the Ammo Dump Ponds for **Black-throated Mango**, **Purple Gallinule**, several **shorebirds**, lots of **Rufescent Tiger-Herons**, and others before returning to the Pipeline Road. Activity levels were really low, in fact I would even call it “dead”. We spent a long time trying to see Streak-chested Antpitta without any luck and I think the only new trip bird was **Plain-brown Woodcreeper**. Luckily our nightbirding was more productive, and I managed to call in a **Spectacled Owl** near the lodge, and also got a few **Common Pauragues** in the spotlight.

Next morning we were back out along the Pipeline Road, stopping along the way to see a beautiful pair of **Yellow-tailed Orioles**. This time we drove as far as we could then spent the rest of the morning walking a couple miles along the road. One bird I was keen to find was **Streak-chested Antpitta**, especially after the previous afternoon’s frustrations. Today

was a different day, and this time one perched in the open and sang for us for many minutes, another tour highlight; my photo here:



Even if we had seen nothing else, it would have been a great morning after that, but there were plenty of others like **Short-billed Pigeon**, **Slaty-tailed Trogon**, **Rufous** and **Broad-billed Motmots**, **Black-breasted Puffbird**, **Fasciated Antshrike**, **Moustached** and **White-flanked Antwrens**, **Purple-throated Fruitcrow**, **Forest Elaenia**, **Bright-rumped Attila**, and **Rufous Mourner**. We split the afternoon between Summit Ponds and Pipeline Road, and I don't think we added much in the way of "new" species except for **Choco Elaenia** and **Green Kingfisher**, but there was decent activity and we enjoyed seeing species like **Black-chested Jay** again before returning to Gamboa Rainforest Resort for a final night.

With just one morning left in the canal zone, we wanted to target some of the birds that had eluded us so far. One of those was **White-throated Crake**. A short stop at Ammo Dump Ponds took care of that when we found a bird building a nest. We watched as it diligently carried bits of vegetation into the nest opening, then appeared again a few moments later. **Capped Heron** was also a surprise here. Back along the Pipeline Road, a calling **Black-bellied Wren** drew us down under the first wooden bridge, and were we ever glad that it did! Lurking in the shadows was an incredible **Agami Heron**, which completely ignored us as it hunted in the still water. Wren forgotten, we admired the heron and took lots of photos (not easy due to the very low light). That was the best bird we saw that morning – activity was actually pretty

low compared to the previous day, but we still had some good sightings such as **Black-tailed Trogon** and **Black-striped Woodcreeper**. After lunch, we packed up and headed east, eventually turning north towards Nusagandi and crossing over the continental divide. There are only a couple of places to stay in this remote and undeveloped area, and we spent the night in Garduk Lodge, a simple but friendly place run by a family of Guna descent. Some afternoon birding near the lodge got us the handsome **Scarlet-thighed Dacnis**, a **Pied Puffbird**, and flyby views of **Brown-hooded Parrot** along with other more common species.

Next morning, we met up with a local guide I have worked with before named Antonio, and we set off down a trail after what is perhaps Nusagandi's most famous bird, Sapayoa. This strange species is in its own family, and is thought to be most closely related to the broadbills of Asia and Africa. It's a rare and local species, and I am glad we had Antonio, since the trail where I had seen it on the previous tour had been washed away. He led us down a new trail that was a bit steep and slippery, but we all made it down OK and very quickly found our target – often it stays high, but this **Sapayoa** perched down almost at eye level for truly superb views (*photo by Mike Neubauer*):



With our main target “in the bag” early, we could spend the rest of the morning trying to find whatever else was around. We invested quite a bit of time to trying to see **Black-crowned Antpitta** in three different locations, but it was a frustrating experience and was never really seen well by anyone. **Slate-throated Gnatcatcher** was a nice surprise since it

is quite rare here, right at the edge of its range. Other birds included **Velvety** and **Red-capped Manakins**, **Stripe-throated Wren**, **Tawny-crested**, **Rufous-winged**, and **Sulphur-rumped Tanagers**, **Thick-billed Seed-Finch**, and a sleeping **Common Potoo** right next to the road (*photo Nick A*):



After lunch, we continued our journey east to the town of Tortí, making the obligatory stop at the Rio Mono Bridge for **White-eared Conebill**. The feeders at Hotel Avicar were buzzing when we arrived, and it did not take long to find the hoped-for **Sapphire-throated Hummingbird** among the more common species. With an early start looming, we just did some easy birding north of town along the river in the late afternoon. It was a fun outing with lots of activity – mostly common species, but **Pacific Antwren** was a nice find and we spent a long time admiring a **Striped Cuckoo** that perched nearby. Normally they belt out their whistled song as loud as possible, but this one was singing so softly that I first thought it was on the other side of a field until one of our group found it close to the road. We headed back for an early dinner so we'd be well rested for the coming day.



We hit the road before 4:30am and drove two hours east to the El Salto road in the province of Darien. It's a long way to go for a morning of birding, but I always see a superb selection of birds there, and today was no exception. It was another hot, dry day, and we were VERY happy to have arrived before dawn to take advantage of every second of the cooler early morning hours. After our picnic breakfast, we started walking along the road and quickly connected with our first target, the tiny but fierce **Gray-cheeked Nunlet** (*Photo below, Mike N.*). That started a nice series of sightings that included **Pale-bellied Hermit**, **Black Antshrike**, **Rusty-winged Antwren**, **Ochre-colored Flatbill**, and **Choco Sirystes**, but **White-headed Wren** did not appear in its usual favorite tree. We needn't have worried, as about half an hour later one showed well in a different spot (*photo left, Nick A*). – this is one of the most uniquely plumaged wrens in the world and I would have been sad to have missed it. Soon after, another major target came in very close on a branch over the road, the strange **Double-banded Graytail**. Other species from the morning included **King Vulture**, **Hook-billed** and **Gray-headed Kites**, **Spot-crowned Barbet**, **Olivaceous Piculet**, and many other species we had seen earlier in the trip.

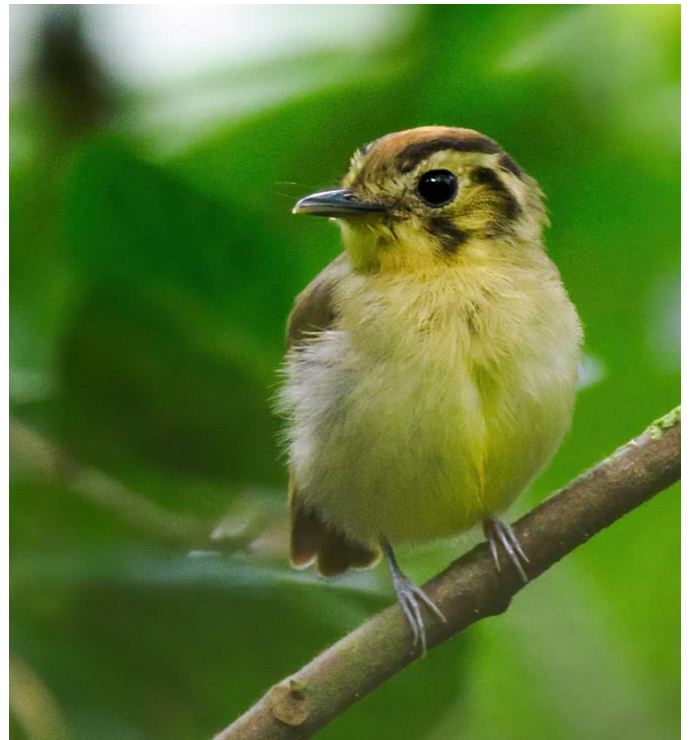
Later in the morning, we drove to the end of Panamerican Highway in Yaviza, just west of the infamous Darien Gap. Along the way we stopped at a wetland to look for a few birds. There was very little water due to the drought, but we did locate a **Spot-breasted Woodpecker**, and Eric was not fooled by a **Zone-tailed Hawk** pretending to be a Turkey Vulture. We had a simple but tasty lunch in Yaviza, then with temperatures reaching furnace-like levels, decided to drive back to Tortí. Once it had cooled down a bit in late afternoon, we headed south of town, and after a bit of a search managed to locate a pair of **Barred Puffbirds** who were giving their wolf-whistle calls.





Barred Puffbird feasting on a spider (Nick A.)

Sadly we were down to our last morning of birding. We spent most of it at the nearby San Francisco Reserve, which protects a large tract of forest in the hills southwest of Tortí. This place seems to be flycatcher heaven as we added a ton of new “tyrants” to the list this morning. Best among them was a **Tropical Royal Flycatcher** that was hanging around a nest. We didn’t see it go in, but it was definitely staying close to it, so it was probably active. Runners up were a very close **Golden-crowned Spadebill** that perched in the open for a long time (*photo right, Nick A.*) and the endemic **Yellow-green Tyrannulet**. Some of the other birds we saw this morning were **Rufous-breasted Hermit**, **White-vented Plumeleeter**, **Gray-lined Hawk**, **Northern Black-throated Trogon**, **Black-breasted** and **White-whiskered Puffbirds**, **Wedge-billed** and **Streak-headed Woodcreepers**, **White-ruffed Manakin**, **Western Olivaceous Flatbill**, **Sooty-headed Tyrannulet**, **Northern Tropical Pewee**, **Bay Wren**, and **Red-breasted Meadowlark**.





Tropical Royal Flycatcher (Mike Neubauer)

After lunch, we travelled back east to Panama City. We made a couple of stops along the way adding various waterbirds and open country species – a **Bat Falcon** nesting on the Lake Bayano bridge was nice to see. Traffic picked up and it was getting towards dusk by the time we reached our hotel near the airport. We checked in and one final celebratory dinner, reminiscing over some of our favorite sightings of the trip before finally parting ways. Thanks to everyone for making it another superb and fun birding tour!

BIRD LIST

The list includes everything that was seen by at least one of the group, including the guide/tour leader. Taxonomy follows Clements, J. F., T. S. Schulenberg, M. J. Iliff, T. A. Fredericks, J. A. Gerbracht, D. Lepage, S. M. Billerman, B. L. Sullivan, and C. L. Wood. 2022. The eBird/Clements checklist of Birds of the World: v2023. Downloaded from <https://www.birds.cornell.edu/clementschecklist/download/>

H=heard only

GO=guide only

Tinamous (Tinamidae)

H Great Tinamou

Tinamus major

H Little Tinamou

Crypturellus soui

Ducks, Geese, and Waterfowl (Anatidae)

Black-bellied Whistling-Duck

Dendrocygna autumnalis

Blue-winged Teal

Spatula discors

Guans, Chachalacas, and Curassows (Cracidae)

Gray-headed Chachalaca

Ortalis cinereiceps

Crested Guan

Penelope purpurascens

New World Quail (Odontophoridae)

H Black-breasted Wood-Quail

Odontophorus leucolaemus

H Spotted Wood-Quail

Odontophorus guttatus

Grebes (Podicipedidae)

Least Grebe

Tachybaptus dominicus

Pigeons and Doves (Columbidae)

Rock Pigeon (I)

Columba livia

Pale-vented Pigeon

Patagioenas cayennensis

Scaled Pigeon

Patagioenas speciosa

Band-tailed Pigeon

Patagioenas fasciata

Short-billed Pigeon

Patagioenas nigrirostris

Ruddy Ground Dove

Columbina talpacoti

H Blue Ground Dove

Claravis pretiosa

White-tipped Dove

Leptotila verreauxi

Gray-chested Dove

Leptotila cassinii

Cuckoos (Cuculidae)

Greater Ani

Crotophaga major

Smooth-billed Ani

Crotophaga ani

Striped Cuckoo

Tapera naevia

Squirrel Cuckoo

Piaya cayana

Nightjars and Allies (Caprimulgidae)

Common Pauraque

Nyctidromus albicollis

Potoos (Nyctibiidae)

H Great Potoo

Nyctibius grandis

Common Potoo

Nyctibius griseus

Swifts (Apodidae)

White-collared Swift

Streptoprocne zonaris

Band-rumped Swift

Chaetura spinicaudus

Chimney Swift

Chaetura pelagica

Vaux's Swift

Short-tailed Swift

Hummingbirds (Trochilidae)

White-necked Jacobin

Rufous-breasted Hermit

Long-billed Hermit

Pale-bellied Hermit

Lesser (Green) Violetear

Purple-crowned Fairy

Black-throated Mango

Talamanca (Magnificent) Hummingbird

Long-billed Starthroat

White-throated Mountain-gem

Ruby-throated Hummingbird

Volcano Hummingbird

Scintillant Hummingbird

Garden Emerald

Violet Sabrewing

White-vented Plumeleteer

Crowned Woodnymph (Violet-crowned)

Crowned Woodnymph (Green-crowned)

Violet-capped Hummingbird

Stripe-tailed Hummingbird

Scaly-breasted Hummingbird

Snowy-bellied Hummingbird

Rufous-tailed Hummingbird

Sapphire-throated Hummingbird

Blue-chested Hummingbird

Charming Hummingbird

Violet-bellied Hummingbird

Rails, Gallinules, and Coots (Rallidae)

H Gray-cowled Wood-Rail

Purple Gallinule

White-throated Crake

Limpkin (Aramidae)

Limpkin

Stilts and Avocets (Recurvirostridae)

Black-necked Stilt

Plovers and Lapwings (Charadriidae)

Black-bellied Plover

Southern Lapwing

Jacanas (Jacanidae)

Wattled Jacana

Sandpipers and Allies (Scolopacidae)

Whimbrel

Marbled Godwit

Short-billed Dowitcher

Spotted Sandpiper

Solitary Sandpiper

Lesser Yellowlegs

Chaetura vauxi

Chaetura brachyura

Florisuga mellivora

Glaucis hirsutus

Phaethornis longirostris

Phaethornis anthophilus

Colibri cyanotus

Heliothryx barroti

Anthracothorax nigricollis

Eugenes spectabilis

Heliomaster longirostris

Lampornis castaneoventris

Archilochus colubris

Selasphorus flammula

Selasphorus scintilla

Chlorostilbon assimilis

Campylopterus hemileucurus

Chalybura buffonii

Thalurania colombica venusta

Thalurania colombica fannyae

Goldmania violiceps

Eupherusa eximia

Phaeochroa cuvierii

Saucerottia edward

Amazilia tzacatl

Chrysuronia coeruleogularis

Polyerata amabilis

Polyerata decora

Chlorestes julie

Aramides cajaneus

Porphyrio martinica

Laterallus albigularis

Aramus guarauna

Himantopus mexicanus

Pluvialis squatarola

Vanellus chilensis

Jacana jacana

Numenius phaeopus

Limosa fedoa

Limnodromus griseus

Actitis macularius

Tringa solitaria

Tringa flavipes

Willet

Greater Yellowlegs

Least Sandpiper

Western Sandpiper

Semipalmated Sandpiper

Gulls, Terns, and Skimmers (Laridae)

Laughing Gull

Sandwich Tern

Storks (Ciconiidae)

Wood Stork

Frigatebirds (Fregatidae)

Magnificent Frigatebird

Anhingas (Anhingidae)

Anhinga

Cormorants and Shags (Phalacrocoracidae)

Neotropic Cormorant

Pelicans (Pelecanidae)

Brown Pelican

Hérons, Egrets, and Bitterns (Ardeidae)

Rufescent Tiger-Heron

Boat-billed Heron

Agami Heron

Yellow-crowned Night Heron

Black-crowned Night Heron

Capped Heron

Little Blue Heron

Tricolored Heron

Snowy Egret

Green Heron

Western Cattle Egret

Great Egret

Great Blue Heron

Cocoi Heron

Ibises and Spoonbills (Threskiornithidae)

White Ibis

New World Vultures (Cathartidae)

King Vulture

Black Vulture

Turkey Vulture

Osprey (Pandionidae)

Osprey

Hawks, Eagles, and Kites (Accipitridae)

Hook-billed Kite

Gray-headed Kite

Swallow-tailed Kite

H Black Hawk-Eagle

Snail Kite

Roadside Hawk

White Hawk

Gray-lined Hawk

Broad-winged Hawk

*Tringa semipalmata**Tringa melanoleuca**Calidris minutilla**Calidris mauri**Calidris pusilla**Leucophaeus atricilla**Thalasseus sandvicensis**Mycteria americana**Fregata magnificens**Anhinga anhinga**Nannopterum brasilianum**Pelecanus occidentalis**Tigrisoma lineatum**Cochlearius cochlearius**Agamia agami**Nyctanassa violacea**Nycticorax nycticorax**Pilherodius pileatus**Egretta caerulea**Egretta tricolor**Egretta thula**Butorides virescens**Bubulcus ibis**Ardea alba**Ardea herodias**Ardea cocoi**Eudocimus albus**Sarcoramphus papa**Coragyps atratus**Cathartes aura**Pandion haliaetus**Chondrohierax uncinatus**Leptodon cayanensis**Elanoides forficatus**Spizaetus tyrannus**Rostrhamus sociabilis**Rupornis magnirostris**Pseudastur albicollis**Buteo nitidus**Buteo platypterus*

	Short-tailed Hawk	<i>Buteo brachyurus</i>
	Zone-tailed Hawk	<i>Buteo albonotatus</i>
	Red-tailed Hawk	<i>Buteo jamaicensis</i>
	Owls (Strigidae)	
	Choco Screech-Owl	<i>Megascops centralis</i>
	Spectacled Owl	<i>Pulsatrix perspicillata</i>
H	Costa Rican Pygmy-Owl	<i>Glaucidium costaricanum</i>
	Trogons (Trogonidae)	
	Resplendent Quetzal	<i>Pharomachrus mocinno</i>
	Slaty-tailed Trogon	<i>Trogon massena</i>
	Black-tailed Trogon	<i>Trogon melanurus</i>
	White-tailed Trogon	<i>Trogon chionurus</i>
	Gartered Trogon	<i>Trogon caligatus</i>
	Northern Black-throated Trogon	<i>Trogon tenellus</i>
GO	Collared Trogon	<i>Trogon collaris</i>
	Motmots (Momotidae)	
	Tody Motmot	<i>Hylomanes momotula</i>
	Lesson's Motmot	<i>Momotus lessonii</i>
	Whooping Motmot	<i>Momotus subrufescens</i>
	Rufous Motmot	<i>Baryphthengus martii</i>
	Broad-billed Motmot	<i>Electron platyrhynchum</i>
	Kingfishers (Alcedinidae)	
	Ringed Kingfisher	<i>Megaceryle torquata</i>
	Belted Kingfisher	<i>Megaceryle alcyon</i>
	Amazon Kingfisher	<i>Chloroceryle amazona</i>
	American Pygmy Kingfisher	<i>Chloroceryle aenea</i>
	Green Kingfisher	<i>Chloroceryle americana</i>
	Green-and-rufous Kingfisher	<i>Chloroceryle inda</i>
	Puffbirds (Bucconidae)	
	White-necked Puffbird	<i>Notharchus hyperrhynchus</i>
	Black-breasted Puffbird	<i>Notharchus pectoralis</i>
	Pied Puffbird	<i>Notharchus tectus</i>
	Barred Puffbird	<i>Nystalus radiatus</i>
	White-whiskered Puffbird	<i>Malacoptila panamensis</i>
	Gray-cheeked Nunlet	<i>Nonnula frontalis</i>
	White-fronted Nunbird	<i>Monasa morphoeus</i>
	New World Barbets (Capitonidae)	
	Spot-crowned Barbet	<i>Capito maculicoronatus</i>
	Toucan-Barbets (Semnornithidae)	
	Prong-billed Barbet	<i>Semnornis frantzii</i>
	Toucans (Ramphastidae)	
	Northern Emerald-Toucanet	<i>Aulacorhynchus prasinus</i>
	Collared Aracari	<i>Pteroglossus torquatus</i>
	Fiery-billed Aracari	<i>Pteroglossus frantzii</i>
	Yellow-eared Toucanet	<i>Selenidera spectabilis</i>
	Yellow-throated (Chest.-mand.) Toucan	<i>Ramphastos ambiguus</i>
	Keel-billed Toucan	<i>Ramphastos sulfuratus</i>
	Woodpeckers (Picidae)	
	Olivaceous Piculet	<i>Picumnus olivaceus</i>
	Yellow-bellied Sapsucker	<i>Sphyrapicus varius</i>

	Acorn Woodpecker	<i>Melanerpes formicivorus</i>
	Black-cheeked Woodpecker	<i>Melanerpes pucherani</i>
	Red-crowned Woodpecker	<i>Melanerpes rubricapillus</i>
	Hairy Woodpecker	<i>Dryobates villosus</i>
	Red-rumped Woodpecker	<i>Dryobates kirkii</i>
	Crimson-crested Woodpecker	<i>Campephilus melanoleucos</i>
	Lineated Woodpecker	<i>Dryocopus lineatus</i>
	Cinnamon Woodpecker	<i>Celeus loricatus</i>
	Stripe-cheeked Woodpecker (E)	<i>Piculus collopterus</i>
	Spot-breasted Woodpecker	<i>Colaptes punctigula</i>
	Falcons and Caracaras (Falconidae)	
	Laughing Falcon	<i>Herpetotheres cachinnans</i>
H	Collared Forest-Falcon	<i>Micrastur semitorquatus</i>
	Crested Caracara	<i>Caracara plancus</i>
	Yellow-headed Caracara	<i>Daptrius chimachima</i>
	Bat Falcon	<i>Falco ruficularis</i>
	New World and African Parrots (Psittacidae)	
GO	Barred Parakeet	<i>Bolborhynchus lineola</i>
	Orange-chinned Parakeet	<i>Brotogeris jugularis</i>
	Brown-hooded Parrot	<i>Pyrilia haematotis</i>
	Blue-headed Parrot	<i>Pionus menstruus</i>
	Red-ored Parrot	<i>Amazona autumnalis</i>
	Mealy Parrot	<i>Amazona farinosa</i>
	Brown-throated Parakeet	<i>Eupsittula pertinax</i>
	Crimson-fronted Parakeet	<i>Psittacara finschi</i>
	Sapayoa (Sapayoidae)	
	Sapayoa	<i>Sapayoa aenigma</i>
	Typical Antbirds (Thamnophilidae)	
	Fasciated Antshrike	<i>Cymbilaimus lineatus</i>
	Great Antshrike	<i>Taraba major</i>
	Barred Antshrike	<i>Thamnophilus doliatus</i>
	Black-crowned Antshrike	<i>Thamnophilus atrinucha</i>
	Black Antshrike	<i>Thamnophilus nigriceps</i>
	Checker-throated Stipplethroat	<i>Epinecrophylla fulviventris</i>
	Moustached Antwren	<i>Myrmotherula ignota</i>
	Pacific Antwren	<i>Myrmotherula pacifica</i>
	White-flanked Antwren	<i>Myrmotherula axillaris</i>
	Rusty-winged (Rufous-winged) Antwren	<i>Herpsilochmus frater</i>
	Dot-winged Antwren	<i>Microrhophias quixensis</i>
	Dusky Antbird	<i>Cercomacroides tyrannina</i>
	Jet Antbird	<i>Cercomacra nigricans</i>
	White-bellied Antbird	<i>Myrmeciza longipes</i>
	Chestnut-backed Antbird	<i>Poliocrania exsul</i>
	Bicolored Antbird	<i>Gymnopithys bicolor</i>
	Spotted Antbird	<i>Hylophylax naevioides</i>
	Gnateaters (Conopophagidae)	
GO	Black-crowned Antpitta	<i>Pittasoma michleri</i>
	Antpittas (Grallariidae)	
	Streak-chested Antpitta	<i>Hylopezus perspicillatus</i>

	Tapaculos (Rhinocryptidae)	
	Silvery-fronted Tapaculo	<i>Scytalopus argentifrons</i>
	Antthrushes (Formicariidae)	
H	Black-faced Antthrush	<i>Formicarius analis</i>
	Ovenbirds and Woodcreepers (Furnariidae)	
	Olivaceous Woodcreeper	<i>Sittasomus griseicapillus</i>
	Plain-brown Woodcreeper	<i>Dendrocincla fuliginosa</i>
	Wedge-billed Woodcreeper	<i>Glyphorhynchus spirurus</i>
	Cocoa Woodcreeper	<i>Xiphorhynchus susurrans</i>
	Black-striped Woodcreeper	<i>Xiphorhynchus lachrymosus</i>
	Straight-billed Woodcreeper	<i>Dendroplex picus</i>
	Streak-headed Woodcreeper	<i>Lepidocolaptes souleyetii</i>
	Spot-crowned Woodcreeper	<i>Lepidocolaptes affinis</i>
	Plain Xenops	<i>Xenops minutus</i>
H	Ochre-throated (Buff-thr.) Foliage-gleaner	<i>Automolus ochrolaemus</i>
	Ruddy Treerunner	<i>Margarornis rubiginosus</i>
	Double-banded Graytail	<i>Xenerpestes minlosi</i>
	Red-faced Spinetail	<i>Cranioleuca erythropus</i>
	Slaty Spinetail	<i>Synallaxis brachyura</i>
	Pale-breasted Spinetail	<i>Synallaxis albescens</i>
	Manakins (Pipridae)	
	Lance-tailed Manakin	<i>Chiroxiphia lanceolata</i>
	White-ruffed Manakin	<i>Corapipo altera</i>
	Velvety (Blue-crowned) Manakin	<i>Lepidothrix velutina</i>
	Orange-collared Manakin	<i>Manacus aurantiacus</i>
	Golden-collared Manakin	<i>Manacus vitellinus</i>
	Red-capped Manakin	<i>Ceratopipra mentalis</i>
	Cotingas (Cotingidae)	
	Purple-throated Fruitcrow	<i>Querula purpurata</i>
	Blue Cotinga	<i>Cotinga nattererii</i>
	Tityras and Allies (Tityridae)	
	Masked Tityra	<i>Tityra semifasciata</i>
	Russet-winged Schiffornis	<i>Schiffornis stenorhyncha</i>
	Cinnamon Becard	<i>Pachyramphus cinnamomeus</i>
	White-winged Becard	<i>Pachyramphus polychopterus</i>
	Sharpbill, Royal Flycatcher, and Allies (Oxyruncidae)	
	Tropical Royal Flycatcher	<i>Onychorhynchus coronatus</i>
	Ruddy-tailed Flycatcher	<i>Terentotriccus erythrurus</i>
	Tyrant Flycatchers (Tyrannidae)	
	Golden-crowned Spadebill	<i>Platyrinchus coronatus</i>
GO	Olive-streaked (-striped) Flycatcher	<i>Mionectes olivaceus</i>
	Ochre-bellied Flycatcher	<i>Mionectes oleagineus</i>
	Yellow-green Tyrannulet (E)	<i>Phylloscartes flavovirens</i>
H	Black-capped Pygmy-Tyrant	<i>Myiornis atricapillus</i>
	Scale-crested Pygmy-Tyrant	<i>Lophotriccus pileatus</i>
	Southern Bentbill	<i>Oncostoma olivaceum</i>
H	Slate-headed Tody-Flycatcher	<i>Poecilatriccus sylvia</i>
	Common Tody-Flycatcher	<i>Todirostrum cinereum</i>
	Black-headed Tody-Flycatcher	<i>Todirostrum nigriceps</i>
	Western Olivaceous Flatbill	<i>Rhynchocyclus aequinoctialis</i>

H Yellow-olive Flatbill	<i>Tolmomyias sulphurescens</i>
Yellow-winged (-margined) Flatbill	<i>Tolmomyias flavotectus</i>
Ochre-lore'd (Yellow-breasted) Flatbill	<i>Tolmomyias flaviventris</i>
Brown-capped Tyrannulet	<i>Ornithion brunneicapillus</i>
Southern Beardless-Tyrannulet	<i>Camptostoma obsoletum</i>
Northern Mouse-colored Tyrannulet	<i>Nesotriccus incomtus</i>
Yellow Tyrannulet	<i>Capsiempis flaveola</i>
Yellow-crowned Tyrannulet	<i>Tyrannulus elatus</i>
Forest Elaenia	<i>Myiopagis gaimardii</i>
Choco (Gray) Elaenia	<i>Myiopagis parambae</i>
Yellow-bellied Elaenia	<i>Elaenia flavogaster</i>
Lesser Elaenia	<i>Elaenia chiriquensis</i>
Mountain Elaenia	<i>Elaenia frantzii</i>
White-fronted Tyrannulet (Zeledon's)	<i>Phyllomyias zeledoni zeledoni</i>
Sooty-headed Tyrannulet	<i>Phyllomyias griseiceps</i>
Mistletoe (Paltry) Tyrannulet	<i>Zimmerius parvus</i>
Bran-colored Flycatcher	<i>Myiophobus fasciatus</i>
Tufted Flycatcher	<i>Mitrephanes phaeocercus</i>
Dark Pewee	<i>Contopus lugubris</i>
Northern Tropical Pewee	<i>Contopus bogotensis</i>
Yellow-bellied Flycatcher	<i>Empidonax flaviventris</i>
Acadian Flycatcher	<i>Empidonax virescens</i>
Yellowish Flycatcher	<i>Empidonax flavescens</i>
Black-capped Flycatcher	<i>Empidonax atriceps</i>
Black Phoebe	<i>Sayornis nigricans</i>
Northern Scrub-Flycatcher	<i>Sublegatus arenarum</i>
Long-tailed Tyrant	<i>Colonia colonus</i>
Bright-rumped Attila	<i>Attila spadiceus</i>
Choco Sirystes	<i>Sirystes albogriseus</i>
Rufous Mourner	<i>Rhytipterna holerythra</i>
Dusky-capped Flycatcher	<i>Myiarchus tuberculifer</i>
Panama Flycatcher	<i>Myiarchus panamensis</i>
Great Crested Flycatcher	<i>Myiarchus crinitus</i>
Cattle Tyrant	<i>Machetornis rixosa</i>
Lesser Kiskadee	<i>Philohydor lictor</i>
Great Kiskadee	<i>Pitangus sulphuratus</i>
Boat-billed Flycatcher	<i>Megarynchus pitangua</i>
Rusty-margined Flycatcher	<i>Myiozetetes cayanensis</i>
Social Flycatcher	<i>Myiozetetes similis</i>
Gray-capped Flycatcher	<i>Myiozetetes granadensis</i>
Golden-bellied Flycatcher	<i>Myiodynastes hemichrysus</i>
Streaked Flycatcher	<i>Myiodynastes maculatus</i>
Piratic Flycatcher	<i>Legatus leucophaeus</i>
Tropical Kingbird	<i>Tyrannus melancholicus</i>
Gray Kingbird	<i>Tyrannus dominicensis</i>
Fork-tailed Flycatcher	<i>Tyrannus savana</i>
Vireos, Shrike-Babblers, and Erpornis (Vireonidae)	
Rufous-browed Peppershrike	<i>Cyclarhis gujanensis</i>
Scrub Greenlet	<i>Hylophilus flavipes</i>
Green Shrike-Vireo	<i>Vireolanius pulchellus</i>

Tawny-crowned Greenlet

Lesser Greenlet

Golden-fronted Greenlet

Yellow-throated Vireo

Yellow-winged Vireo

Philadelphia Vireo

Brown-capped Vireo

Yellow-green Vireo

Crows, Jays, and Magpies (Corvidae)

Black-chested Jay

Swallows (Hirundinidae)

Mangrove Swallow

Gray-breasted Martin

Southern Rough-winged Swallow

Blue-and-white Swallow

Barn Swallow

Gnatcatchers (Poliptilidae)

H Long-billed Gnatwren

Slate-throated Gnatcatcher

White-browed (Tropical) Gnatcatcher

Wrens (Troglodytidae)

Scaly-breasted Wren

House Wren

Ochraceous Wren

White-headed Wren

Black-bellied Wren

Rufous-breasted Wren

Rufous-and-white Wren

Stripe-throated Wren

Isthmian (Plain) Wren

Riverside Wren

Bay Wren

Buff-breasted Wren

White-breasted Wood-Wren

Gray-breasted Wood-Wren

Song Wren

Mockingbirds and Thrashers (Mimidae)

Tropical Mockingbird

Thrushes and Allies (Turdidae)

Black-faced Solitaire

Orange-billed Nightingale-Thrush

Ruddy-capped Nightingale-Thrush

Mountain Thrush

White-throated Thrush

Clay-colored Thrush

Silky-flycatchers (Ptiliigonatidae)

Long-tailed Silky-flycatcher

Old World Sparrows (Passeridae)

House Sparrow (I)

Tunchiornis ochraceiceps

Pachysylvia decurtata

Pachysylvia aurantiifrons

Vireo flavifrons

Vireo carmioli

Vireo philadelphicus

Vireo leucophrys

Vireo flavoviridis

Cyanocorax affinis

Tachycineta albilinea

Progne chalybea

Stelgidopteryx ruficollis

Pygochelidon cyanoleuca

Hirundo rustica

Ramphocaenus melanurus

Poliptila schistaceigula

Poliptila bilineata

Microcerculus marginatus

Troglodytes aedon

Troglodytes ochraceus

Campylorhynchus albobrunneus

Pheugopedius fasciatoventris

Pheugopedius rutilus

Thryophilus rufalbus

Cantorchilus leucopogon

Cantorchilus elutus

Cantorchilus semibadius

Cantorchilus nigricapillus

Cantorchilus leucotis

Henicorhina leucosticta

Henicorhina leucophrys

Cyphorhinus phaeocephalus

Mimus gilvus

Myadestes melanops

Catharus aurantirostris

Catharus frantzii

Turdus plebejus

Turdus assimilis

Turdus grayi

Ptiliogonys caudatus

Passer domesticus

Finches, Euphonias, and Allies (Fringillidae)

- H Elegant Euphonia
- H Golden-browed Chlorophonia
- Yellow-crowned Euphonia
- White-vented Euphonia
- Thick-billed Euphonia
- Spot-crowned Euphonia
- Fulvous-vented Euphonia
- Lesser Goldfinch
- Yellow-bellied Siskin

Thrush-Tanager (Rhodinocichlidae)

- Rosy Thrush-Tanager

New World Sparrows (Passerellidae)

- Sooty-capped Chlorospingus (Bush-T.)
- Common Chlorospingus (Bush-Tan.)
- Black-striped Sparrow
- H Costa Rican (Stripe-head.) Brushfinch
- Orange-billed Sparrow
- Chestnut-capped Brushfinch
- Rufous-collared Sparrow
- Large-footed Finch
- Yellow-thighed Brushfinch (Finch)

Wrenthrush (Zeledoniidae)

- Wrenthrush

Troupials and Allies (Icteridae)

- Eastern Meadowlark
- Red-breasted Meadowlark
- Crested Oropendola
- Chestnut-headed Oropendola
- Scarlet-rumped Cacique
- Yellow-rumped Cacique
- Orchard Oriole
- Yellow-backed Oriole
- Yellow-tailed Oriole
- Baltimore Oriole
- Shiny Cowbird
- Giant Cowbird
- Melodious Blackbird
- Great-tailed Grackle
- Carib Grackle

New World Warblers (Parulidae)

- Louisiana Waterthrush
- Northern Waterthrush
- Golden-winged Warbler
- Black-and-white Warbler
- Prothonotary Warbler
- Flame-throated Warbler
- Tennessee Warbler
- Olive-crowned Yellowthroat (Chiriqui)
- American Redstart

- Chlorophonia elegantissima*
- Chlorophonia callophrys*
- Euphonia luteicapilla*
- Euphonia minuta*
- Euphonia laniirostris*
- Euphonia imitans*
- Euphonia fulvicrissa*
- Spinus psaltria*
- Spinus xanthogastrus*

- Rhodinocichla rosea*

- Chlorospingus pileatus*
- Chlorospingus flavopectus*
- Arremonops conirostris*
- Arremon costaricensis*
- Arremon aurantirostris*
- Arremon brunneinucha*
- Zonotrichia capensis*
- Pezopetes capitalis*
- Atlapetes tibialis*

- Zeledonia coronata*

- Sturnella magna*
- Leistes militaris*
- Psarocolius decumanus*
- Psarocolius wagleri*
- Cacicus uropygialis*
- Cacicus cela*
- Icterus spurius*
- Icterus chrysater*
- Icterus mesomelas*
- Icterus galbula*
- Molothrus bonariensis*
- Molothrus oryzivorus*
- Dives dives*
- Quiscalus mexicanus*
- Quiscalus lugubris*

- Parkesia motacilla*
- Parkesia noveboracensis*
- Vermivora chrysoptera*
- Mniotilta varia*
- Protonotaria citrea*
- Oreothlypis gutturalis*
- Leiothlypis peregrina*
- Geothlypis semiflava chiriquensis*
- Setophaga ruticilla*

Magnolia Warbler
 Bay-breasted Warbler
 Blackburnian Warbler
 Yellow Warbler
 Yellow Warbler (Mangrove)
 Chestnut-sided Warbler
 Hermit Warbler
 Black-throated Green Warbler
 Chestnut-capped (Ruf.-capped) Warbler
 Black-cheeked Warbler
 Buff-rumped Warbler
 Wilson's Warbler
 Slate-throated Redstart
 Collared Redstart

Mitrospingid Tanagers (Mitrospingidae)

Dusky-faced Tanager

Cardinals and Allies (Cardinalidae)

Hepatic Tanager

Summer Tanager

Flame-colored Tanager

GO Red-crowned Ant-Tanager

Red-throated Ant-Tanager

Rose-breasted Grosbeak

Blue-black Grosbeak

GO Painted Bunting

Tanagers and Allies (Thraupidae)

Gray-headed Tanager

White-shouldered Tanager

Tawny-crested Tanager

White-lined Tanager

Flame-rumped Tanager

Scarlet-rumped (Cherrie's) Tanager

Crimson-backed Tanager

Blue-gray Tanager

Palm Tanager

Speckled Tanager

Golden-hooded Tanager

Plain-colored Tanager

Rufous-winged Tanager

Bay-headed Tanager

Emerald Tanager

Silver-throated Tanager

Scarlet-thighed Dacnis

Blue Dacnis

Shining Honeycreeper

Red-legged Honeycreeper

Green Honeycreeper

Sulphur-rumped Tanager

White-eared Conebill

Slaty Flowerpiercer

Setophaga magnolia

Setophaga castanea

Setophaga fusca

Setophaga petechia

S. petechia [erithachorides Group]

Setophaga pensylvanica

Setophaga occidentalis

Setophaga virens

Basileuterus delatirii

Basileuterus melanogenys

Myiothlypis fulvicauda

Cardellina pusilla

Myioborus miniatus

Myioborus torquatus

Mitrospingus cassinii

Piranga flava

Piranga rubra

Piranga bidentata

Habia rubica

Habia fuscicauda

Pheucticus ludovicianus

Cyanoloxia cyanooides

Passerina ciris

Eucometis penicillata

Loriotus luctuosus

Tachyphonus delatirii

Tachyphonus rufus

Ramphocelus flammigerus

Ramphocelus passerinii

Ramphocelus dimidiatus

Thraupis episcopus

Thraupis palmarum

Ixothraupis guttata

Stilpnia larvata

Tangara inornata

Tangara lavinia

Tangara gyrola

Tangara florida

Tangara icterocephala

Dacnis venusta

Dacnis cayana

Cyanerpes lucidus

Cyanerpes cyaneus

Chlorophanes spiza

Heterospingus rubrifrons

Conirostrum leucogenys

Diglossa plumbea

Saffron Finch (I)
Blue-black Grassquit
Ruddy-breasted Seedeater
Thick-billed Seed-Finch
Variable Seedeater
Yellow-bellied Seedeater
Bananaquit
Yellow-faced Grassquit
Buff-throated Saltator
Streaked Saltator
Slate-colored Grosbeak

MAMMALS

Brown-throated Three-toed Sloth
Geoffroy's Tamarin
H Panamanian White-faced Capuchin
Geoffroy's Spider Monkey
Mantled Howler
Variegated Squirrel
Red-tailed Squirrel
dwarf squirrel sp.
Central American Agouti
Central American Tapeti (Forest Rabbit)
White-nosed Coati
Collared Peccary
Central American Red Brocket

Sicalis flaveola
Volatinia jacarina
Sporophila minuta
Sporophila funerea
Sporophila corvina
Sporophila nigricollis
Coereba flaveola
Tiaris olivaceus
Saltator maximus
Saltator striatipectus
Saltator grossus

Bradypus variegatus
Sanguinus geoffroyi
Cebus imitator
Ateles geoffroyi
Alouatta palliata
Sciurus variegatoides
Sciurus granatensis
Microsciurus sp.
Dasyprocta punctata
Sylvilagus gabbi
Nasua narica
Tayassu tajacu
Mazama temama